

# City of San Bruno

## Winter & Spring 2011



Elementary School  
Basketball  
Page 26



Summer Camp  
is Coming!  
Page 10-12



Tiny Tots  
Preschool Program  
Page 15

Community Services Activity Guide

*You are cordially invited to the 9<sup>th</sup> Annual*  
***Father/Daughter Dinner Dance***

*Saturday, February 5  
at the San Bruno Senior Center  
from 5:30 to 8:30pm  
for girls ages 4 to 11 only  
\$55 per couple - 3507.101*

*\$12 per additional person - 3507.102*



*Spend a special night with your daughter. Enjoy a delicious dinner and then dance into the night together. Each family will receive a photo to remember the night. If a father is unavailable, grandfathers, uncles, or family friends are welcome.*

*Tickets are limited and sell out fast!*

Back by  
POPULAR DEMAND

## **Polar Bear Plunge!**

**Must pre-register!**

Dust off your swimsuits and start off the New Year right! Take a "plunge" in our unheated San Bruno Park Pool. This annual fun event will benefit our Youth Scholarship Fund. Each participant will receive a long sleeve t-shirt and snacks after they take the plunge. Please indicate on the registration form what size t-shirt you would like. Registrations after 1/12 will not be guaranteed their t-shirt size. Ages 5-over.

\$20 proceeds benefit the  
Youth Enhancement Scholarship Fund

San Bruno Park Pool  
Saturday, January 22  
8:30am  
Code: 5561.101





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## City Offices Close Due to Work Furlough

City offices will be closed on the following days as part of a six day work furlough program.

December 10, 2010	April 8, 2011
December 30, 2010	June 10, 2011
February 11, 2011	

# Class Locations

**Allen School:** 875 W. Angus, SB  
**Bay Badminton Center:** 1611 Adrian Rd. Burlingame  
**Belle Air School:** 450 Third Avenue, SB  
**Belle Air Community Center:** 400 3<sup>rd</sup> Avenue, SB  
**Crestmoor Elementary School:** 2322 Crestmoor Drive, SB  
**Edward Jones:** 1001 Sneath Lane, Suite 107, SB  
**El Crystal Elem. School:** 201 Balboa Way, SB  
**First Place Fencing School:** 835 E. San Carlos Ave, SC  
**Forest Hill Christian Church:** 250 Laguna Honda Blvd. SF  
**Dojo USA:** 731 Kains Avenue, SB  
**Grundy Park:** Cherry Avenue, SB  
**Ice Center:** 2202 Bridgepointe Parkway, SM  
**John Muir Elementary:** 130 Cambridge Lane, SB  
**Millbrae Recreation Center:** 477 Lincoln Circle, Millbrae  
**Millbrae Skate Park:** Millbrae Avenue, Millbrae  
**Monte Verde Elem. School:** 2551 St. Cloud Drive, SB  
**Pacifica Recreation Center:** 540 Crespi Drive, Pacifica  
**Parkside Elementary School:** 1801 Niles Avenue, SB  
**Planet Granite:** 100 El Camino Real, Belmont  
**Portola Elem. School:** Amador & Lake Drive, SB  
**Rollingwood Elementary School:** 2500 Cottonwood, SB  
**SSF Municipal Building:** 33 Arroyo Drive, SSF  
**Tanforan Professional Center:** 1405 B Huntington, SSF  
**Veterans Memorial Recreation Center:** City Park -  
 251 City Park Way (Crystal Springs @ Oak Ave.), SB  
**Vibo Music Center:** 488 San Mateo Ave., SB

## Youth Enhancement Scholarship Fund

The San Bruno Community Services Department is proud to offer scholarship programs for children with little resources and who want to learn something new, meet new friends, and have a positive role model from a teacher or recreation leader. We believe that recreation strengthens safety and security, promotes health and wellness and fosters human development. You could partner with us by helping to make San Bruno a better place for our children. Contribute to the Youth Enhancement Scholarship Program by giving any amount you wish when you register. Thank you for helping to make a difference in a child's life through recreation. If you are interested in receiving an application to receive a scholarship to participate in a recreation class or program, please call 650-616-7182.

**The San Bruno Community  
Services Department**

*"Providing Quality Programs,  
Places & Services"*



# City Contact Information

## San Bruno City Council

Jim Ruane, Mayor • Rico E. Medina, Vice Mayor • Ken Ibarra • Irene O'Connell • Michael Salazar  
The City Council meets the 2nd & 4th Tuesdays of each month at 7:00pm.  
Council meetings are held at the San Bruno Senior Center, 1555 Crystal Springs Road

## San Bruno City Manager

Connie Jackson

## Parks & Recreation Commission

Lorry Greenberg, Chair • Stephan Marshall, Vice Chair • Laura Davis • Tom Lara • David Nigel  
Greg Pierce • Lucy Zamattia • Sierra Bower, Youth Representative  
The Parks & Recreation Commission meets the 3<sup>rd</sup> Wednesday of each month at 6:30pm.  
Commission meetings are held at San Bruno City Hall, 567 El Camino Real, Room #115.

## Senior Advisory Board

Bill Goff, Chair • Barbara Luzaich, Vice Chair • Dorothy Carmichael • Elisa Gerald  
Loretta Groulx • Ken Kreisel • Arland Sponsler

The Senior Advisory Board meets the 3<sup>rd</sup> Tuesday of each month at 8:30am.  
Advisory Board meetings are held at the San Bruno Senior Center, 1555 Crystal Springs Road.

## Culture & Arts Commission

Emile Hons, Chair • Bardi Rosman Koodrin, Vice Chair • Barbara Gallo • Jeanne George  
Carolyn Livengood • Tami Parker • Melodie Tobin

The Culture & Arts Commission meets the 3<sup>rd</sup> Thursday of each month at 6:30pm.  
Commission meetings are held at San Bruno City Hall, 567 El Camino Real, Room #115.

## Community Services

Randy Schwartz, Community Services Director 650-616-7181  
Jackie Mattias, Executive Assistant 650-616-7185

### Recreation Services

Danielle Brewer, Recreation Services Manager 650-616-7182  
Jennie Tucker, Recreation Services Supervisor 650-616-7184  
Dee Kranitz, Recreation Services Supervisor 650-616-7183

### Library Services

John Alita, Assistant Library Director 650-616-7017  
Barbara Bruxvoort, Children's Services Manager 650-616-7014  
Linh Reifschneider, Circulation Services Manager 650-616-7078  
Tim Wallace, Library Services Manager 650-616-7084

### Senior Services

Wendy Mines, Recreation Services Manager 650-616-7151  
Mary Tessier, Recreation Services Supervisor 650-616-7152  
Gloria Deeter, Nutrition Manager 650-616-7154  
Susan Mrsny, Social Services Coordinator 650-616-7155  
Ron Miles & Larry Levine, Senior Bus Drivers 650-616-7150

### Parks & Facilities Services

Jeff Madonich, Parks Field Supervisor 650-616-7194  
Rene Walsh, Parks Field Supervisor 650-616-7193

## Field Condition Hotline

650-616-7180 press 6

## Website

[www.sanbruno.ca.gov](http://www.sanbruno.ca.gov)

# City of San Bruno Community Services Facilities

## Veterans Memorial Recreation Center

251 City Park Way  
Phone: (650) 616-7180  
Fax: (650) 583-2545

### Business Hours

Monday - Thursday	8:00am - 9:00pm
Friday	8:00am - 5:00pm
Saturday	9:00am - 1:00pm
Sunday	Closed

### Mailing Address

567 El Camino Real  
San Bruno, CA 94066

## Parks & Facilities Division

1125 Crystal Springs Avenue  
Phone: (650) 616-7195  
Fax: (650) 225-9314

## Senior Center

1555 Crystal Springs Road  
Phone: (650) 616-7150  
Fax: (650) 589-8219  
Business Hours  
Monday - Friday 8:00am - 4:00pm

## San Bruno Public Library

701 Angus Avenue West  
Phone: (650) 616-7078  
Fax: (650) 638-0399  
Business Hours  
Monday - Thurs 10:00am - 9:00pm  
Friday 1:00pm - 5:00pm  
Saturday 10:00am - 5:00pm  
Sunday Closed

# Commissioners & Advisory Board Members



## Parks & Recreation Commission

From Left to Right: David Nigel,  
Stephen Marshall-Vice Chair,  
Laura Davis, Bob Stanton,  
Sierra Bower-Youth Representative,  
Lucy Zamattia, Lorry Greenberg-Chair,  
Greg Pierce, Tom Lara



## Culture & Arts Commission

Back Row: Emile Hons, Melodie Tobin,  
Tami Parker, Jeanne George.  
Front Row: Carolyn Livengood,  
Bardi Rosman Koodrin-Chair,  
Barbara Gallo-Vice-Chair.



## Senior Advisory Board

Back Row: Elisa Gerald, Dorothy  
Carmichael, Barbara Luzaich - Vice Chair  
Front Row: Loretta Groulx, Ken Kreisel,  
Bill Goff-Chair, Arland Sponsler

# Picnic Site Rental & Park Information

## Peak Rental Rates (March 1-October 31)

### San Bruno City Park

Small Areas (Areas 1-6 & 8-11):	\$85 Resident, \$107 Non-resident
Medium Areas (Areas 7 & 12):	\$95 Resident, \$119 Non-resident
Large Area (Beckner Shelter):	\$300 Resident, \$375 Non-resident

### Commodore Park

Small Areas (Areas 1-3):	\$85 Resident, \$107 Non-resident
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### Grundy Park

Small Area (Area 1):	\$85 Resident, \$107 Non-resident
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## Off Peak Rental Rates (November 1-February 28)

### San Bruno City Park

Small Areas (Areas 1-6 & 8-11):	\$40 Resident, \$50 Non-resident
Medium Areas (Areas 7 & 12):	\$50 Resident, \$63 Non-resident
Large Area:	\$150 Resident, \$188 Non-resident

### Commodore Park

Small Areas (Areas 1-3):	\$40 Resident, \$50 Non-resident
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### Grundy Park













































































Small Area (Area 1):	\$40 Resident, \$50 Non-resident
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## Alcohol Permit: \$10

## Picnic Rental Policy

Picnic reservations can now be made up to 1 year in advance.

For example, when August is complete, picnic area reservations for the following August will be taken.

Park	Location	Acres	Amenities									
Bayshore Circle Park	N. Bayshore Circle	1										
Belle Air Field/Lions Park	S. End 1st & 3rd Aves.	3										
Buckeye Park	Rosewood Dr. near Madison Ave.	7										
City Park	Crystal Springs @ Oak Aves.	31										
Commodore Park	Commodore Dr. @ Cherry Ave.	4										
Crestmoor High Fields	Top of Courtland Dr.	12										
Earl & Glenview Park	Earl Ave. @ Glenview Dr.	2										
Fleetwood Tot Lot	Fleetwood near Rollingwood Dr.	1/2										
Forest Lane Park	Forest Ln. @ Green Ave.	4										
Grundy Park	Cherry & Park Aves.	4										
Herman Tot Lot	Diamond & Herman Sts.	1/4										
Lomita Park	500 San Anselmo Ave.	1/4										
Monte Verde Park	Oakmont @ Evergreen Drs.	5										
Pacific Heights Park	Longview @ Goodwin Drs.	5										
Ponderosa Park	Pacific Heights Blvd @ Seaclyff Way	1/4										
Posy Park	San Mateo @ Huntington Aves.	1/4										
7th Avenue Park	7th @ Angus Aves.	1/2										
7th & Walnut	7th @ Walnut Aves.	1										

 Picnic Tables	 Track	 Dog Run	 Water	 Baseball Diamond	 Restrooms	 Soccer	 Benches
 Tennis Courts	 Basketball Courts	 Exercise Course	 5 & Under Equipment	 5-12 Years Equipment	 Barbecues		



# Facility Rental Information

Facilities are available for reservation at the San Bruno Veterans Memorial Recreation Center and San Bruno City Park. Apply in person at the Recreation Center Office located in San Bruno City Park, 251 City Park Way, Monday through Thursday from 8:30am to 8:30pm, Friday from 8:30am to 4:30pm, and Saturday from 9:30am to 12:30pm. For further information, call (650) 616-7180.

## **Veterans Memorial Recreation Center Meeting Room Rental Fees**

Maximum of 140 people

1st Four Hours: \$252 Resident, \$316 Non-resident

Each Additional Hour: \$63 Resident, \$79 Non-resident

Set Up/Break Down/Cleaning: \$200

Cleaning/Security Deposit: \$400

Kitchen Included

## **Veterans Memorial Recreation Center Conference Room Rental Fees**

Maximum of 20 people

\$15 Resident, \$18 Non-resident (per hour)

(cleaning/security deposit): \$100

## **San Bruno Senior Center**

Nestled in the natural setting of San Bruno Park, the San Bruno Senior Center offers nearly 5,000 square feet of floor space in the multipurpose room. Reservations must be made at the Senior Center, Monday through Friday from 8:30am-3:30pm. For further information, call Wendy Mines, Recreation Services Manager, at (650) 616-7151.

## **Tennis Courts at City Park**

\$30 per court (four hour minimum)

## **Athletic Fields**

\$30 per Hour

Additional cost for lights if using after dark.

Call 650-616-7182 for field availability.

## **San Bruno Park Pool**

Pool available through June - August, 2011

Saturdays & Sundays from 4:30-6:30

\$120 Resident, \$150 Non-resident (per hour)

Over 50 Swimmers additional \$20 per hour

Additional rental of small pool \$20 per hour



## **Veterans Memorial Recreation Center Gymnasium Rental Fees**

(Per Hour): \$100 Resident, \$125 Non-resident

(cleaning/security deposit): \$100

No Food Allowed

## **Rotary Pavilion at City Park**

\$50 Resident, \$63 Non-resident (per hour)

\$100 Deposit

Maximum of 50 persons in attendance.

No amplified music or sound.



# Community Recognition Award

Do you know a volunteer in the San Bruno community who is deserving of recognition for all the hard work and dedication he/she has demonstrated? If your answer is yes, please nominate him/her for a **Community Recognition Award**. The **San Bruno Parks and Recreation Commission** will review applications, and the award will be publicly presented to the deserving recipient at a Parks and Recreation Commission Meeting. Applications can be submitted to the San Bruno Community Services Department by mail or in person.

**Nomination Deadline is Tuesday, February 1, 2011**

Nominations can be submitted by mail to: San Bruno Recreation Division  
Attn: Community Recognition Award  
567 El Camino Real  
San Bruno, CA 94066

Nominations can be submitted by e-mail to: [dbrewer@sanbruno.ca.gov](mailto:dbrewer@sanbruno.ca.gov)

## Criteria/Guidelines

1. A person who has given unselfishly to the city or community.
2. A person who has performed an outstanding task for the city or community.
3. A person who shows service to the city, its citizens and the community.
4. A person who goes above and beyond the call of duty for the city and the community.

## Individual or Organization to be nominated

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

## Short Biography of Nominee

## Nature of Service to the Parks and Recreation Community:

(type of program, uniqueness, number it benefits, etc.)

Submitted by: \_\_\_\_\_ Phone \_\_\_\_\_



# Library Information

## Baby Storytime

Wednesdays in February and March at 11:15 am in the downstairs Community Room

Designed especially for babies up to a year old

It's a great way to meet other San Bruno families with infants.

Stroller access is limited but we will have stroller parking in the children's room.

## Celebrate Chinese New Year

Bilingual Mandarin/English Storytime + Crafts

Thursday February 10  
6:30 PM



## Year-Round Storytimes

Join us for rhymes, stories, and friends! Storytime is a good way to get out of the house, have fun, and help your child learn.

Mondays at 7PM: Pajama Storytime. Ages 3+

Tuesdays at 11:15AM: Hora de Cuentos Bilingües/Bilingual Storytime

Thursdays at 11:15AM: Itsy Bitsy Storytime. Ages 2-4

## eBooks for everyone

San Bruno Library  
Thursday, January 13 at 7 pm  
Free



Would you like to learn about eBooks and eBook readers but don't know where to start? Do you already have an e-reader and want some tips on downloading from the Library's collections? Come to this one-hour presentation on the latest in eBook offerings and technology. There will be a Q & A session and refreshments following the discussion. For more information contact John Alita at 650-616-7017

## Rare Books Road show



Have your books professionally appraised  
Saturday, January 29, 11 am-2 pm  
San Bruno Public Library  
701 Angus Ave., W.  
San Bruno, CA 94066

Ever wonder if those old books around the house are worth anything? Here's your chance to find out! A professional book appraiser will evaluate your books for \$2 per book. All proceeds benefit the Friends of the San Bruno Library. No appointment necessary. First come first served. For more information contact Tim Wallace at 650-616-7084.

# Special Events & Vacation Camp

## Winter Vacation Camp

It's almost Winter Vacation again and you are probably looking for something for your children to do during their school break. San Bruno Community Services Department is offering Winter Vacation Camp! Participants will join Recreation Leaders in games, songs, cooking, sports, arts and crafts, gift making and all around fun. Recreation Leaders will keep your children active all day! Bring a bag lunch each day! No Camp 12/23, 12/24 Ages 4-11.

Cost: \$219 Resident, \$234 Non-resident

Location: Recreation Center Community Room

Instructor: Recreation Leaders

Time: 10:00am-4:00pm

Days: Mon-Wed (1<sup>st</sup> week) & Mon-Thurs (2<sup>nd</sup> week)

4-5 years

2610.401 10:00am-4:00pm 12/20-12/30

6-8 years

3610.401 10:00am-4:00pm 12/20-12/30

9-11 years

3610.402 10:00am-4:00pm 12/20-12/30

## Winter Vacation Camp Camp PLUS!

This program is designed for parents who need extended care or for those children who just can't get enough camp. Recreation Leaders will be on site to play games, do craft projects and sing songs. No Camp 12/23, 12/24 Ages 4-11.

Cost: \$35 Resident, \$44 Non-resident

Location: Recreation Center Community Room

Instructor: Recreation Leaders

Days: Mon-Wed (1<sup>st</sup> week) & Mon-Thurs (2<sup>nd</sup> week)

3611.401 7:30-10:00am 12/20-12/30

3611.402 4:00-6:00pm 12/20-12/30

## Drop In Gym

### Mondays & Wednesdays - Basketball

San Bruno's Gymnasium is located at  
251 City Park Way

*(Participants must show proof of age by valid California ID or Drivers' License or School ID).*

\$4-Adult Open Play

Basketball

17 & Over

7:30-9:15pm

\$2-Youth Open Play

Basketball

16 & Under

6:30-7:30pm

NO OPEN GYM IN  
JANUARY & FEBRUARY

This schedule is subject to change for  
special events & holidays

## Spring Vacation Camp (5 Days)

It's almost spring vacation again and you are probably looking for something for your child to do during their school break. San Bruno Recreation Services Division is offering a Spring Vacation Camp! Participants will join recreation leaders in games, special events, storytelling, arts and crafts, baking, gift making and all around fun. Recreation leaders will keep your children active all day! Bring a bag lunch each day! Ages 4-10.

Cost: \$131 Resident, \$146 Non-resident

Location: Recreation Center Community Room

Instructor: Recreation Leaders

Time: 10am-4pm

Days: Mon.-Fri.

2600.101 10:00am-4:00pm 4/18-4/22 (4-5 years)

3600.101 10:00am-4:00pm 4/18-4/22 (6-8 years)

3600.102 10:00am-4:00pm 4/18-4/22 (9-10 years)

## AM & PM Plus! Spring Vacation Camp

This program is designed for parents who need extended care or for those children who just can't get enough camp. Recreation Leaders will be on site to play games, and do craft projects. Ages 4-10.

Cost: \$30 Resident, \$36 Non-resident (price is per session)

Location: Recreation Center Community Room

Instructor: Recreation Leaders

Days: Mon.-Fri.

2601.101 7:30-10:00am

4/18-4/22

2601.102 4:00-6:00pm

4/18-4/22

## Exercise Room

### San Bruno Residents Only

The San Bruno Exercise Room is located at the front of the Veterans Memorial Recreation Center. The room is 625 square feet, has natural sun light and fresh air circulation. Equipment includes a Universal Weight Lifting Machine, Olympic bench press, free weights, exercycle, treadmill, Stairmaster, Smith Glide Machine, Leg Curl/Extension machine, and dumbbells. Users must register at time of first use and carry San Bruno issued I.D. Card whenever using the facility. Please note: only San Bruno residents over the age of 18 are permitted to use the exercise room. All exercise room hours are coed and gym is closed on Tuesdays and Thursdays from 5:15-7pm for class.

### Hours of Operation:

Monday-Thursday: 8am-9pm

Friday: 8am-5pm

Saturday: 9am-1pm

Cost: \$4 one day pass

\$24 per month

\$95 per 6 months

# Special Events

## SILVER SCREEN MOVIE NIGHT



Friday, February 11, 2011

Dinner: 6:30 PM

Dinner Cost: \$14.00

(Includes chicken dinner, biscuits, mashed potatoes, corn and drink)

Movie: 7:00 PM

Code: 5597.101

San Bruno Senior Center  
1555 Crystal Springs Road

Admission to the movie is Free.

Register Online at [http://www.sanbruno.ca.gov/parks\\_main.asp](http://www.sanbruno.ca.gov/parks_main.asp).

1944 winner of the Oscar for best picture, set in unoccupied Africa during the early days of World War II tells the story of an American expatriate who meets a former lover, with unforeseen complications. Starring Humphrey Bogart and Ingrid Bergman

## Lifeguard Training Class

This course, based on the American Red Cross Lifeguarding Program, will certify students in Lifeguarding, CPR and AED for the Professional Rescuer, and First Aid. Students must be 15 years of age by the last day of class and pass a swim pre-test (swim 300 yards continuously, retrieve a 10 pound brick from 10 feet and return it to designated spot). Attendance at all meetings is required for certification. Ages 15-over.

Cost: \$185 per person

Location: San Bruno Park Pool

Instructor: SB Pool Staff

Session 1

0901.101 M-F 10:00am-4:00pm 4/4-4/8

Session 2

0901.102 Sun 10:00am-4:00pm 5/15

M-F 4:00-9:00pm 5/16-5/20

Session 3

0901.103 Sun 10:00am-4:00pm 5/22

M-F 4:00-9:00pm 5/23-5/27

## Water Safety Instructor (WSI) Class

This course includes all the water safety and drowning prevention tools and information needed to plan and conduct courses in the American Red Cross Swimming and Water Safety Program. Prerequisites 16 years of age by the last class, demonstrate ARC Swimmer Level 6 skills, and pass swimming skills test at the first class. ARC Fundamentals of Instructor Training will be including in this course. Attendance at all meetings is required for certification. Classes will be held at King Pool in San Mateo.

Cost: \$202 Resident, \$217 Non-resident

Location: King Pool, 725 Monte Diablo Ave. San Mateo

Instructor: Jennie Tucker & Cheri Mingst

0909.104 T & Th 5:00-9:00pm 2/15-2/24

Sa & Su 10:00-4:00pm 2/26 & 2/27

## Summer Job Opportunities

We are now accepting applications for various part time positions for Summer (June-August) employment. Interviews will take place in April. You can pick up and return your application to the Veterans Memorial Recreation Center in San Bruno City Park.

## Summer Day Camp

The San Bruno Recreation Services Division is looking for motivated, responsible individuals to plan and implement summer activities for children between the ages of 4 and 14 years old.

## Aquatics Positions

The San Bruno Park Pool employs Cashiers, Lifeguards, Water Safety Instructors, and Pool Managers. Lifeguards, Water Safety Instructors, and Pool Managers must have valid Lifeguard Training Certifications issued by the American Red Cross.

## Leaders In Training & Water Safety Aids

Application Deadline: May 19, 2010

## Pre School Open Gym

This is a non-instructional, supervised play workout for children 1-5 years of age. Participants register at the door for \$5. Parents, guardians, or daycare providers must stay and participate with their children. Toddlers under 12 months are not charged and may attend with paying brother/sister/daycare groups. Activities and equipment include: hula hoops, balls, jump ropes, mats & wedges, hippity hops and more! For more information, contact Danielle at 616-7182. No open gym 1/17, 2/21, 5/30.

Day: Mondays (ongoing)

Time: 11am-12:30pm

Where: San Bruno Recreation Gym

Instructor: Janet Monaghan

Cost: \$5 per participant, or you can purchase a gym pass for \$46 for 11 uses



# Summer Camp

## Mini Kaleidoscope

### Ages 3<sup>1/2</sup>-5 years

Mini Kaleidoscope campers...get ready for some fun!!! Campers will explore the thrill and fascination of exploring the world around them. Children will enjoy arts & crafts, games, camp songs, special events, magic shows, and more. Activities for each week will be focused around a special theme. A weekly schedule will be distributed to each camper on the first day of each session. Morning or full day sessions are available. Children should bring a bag lunch every day unless otherwise noted on the session schedule. Cost includes Camp T-shirt and all supplies. Participants must have Health Information Form on file PRIOR to participation in camp. Extended care available. We are now accepting children 3<sup>1/2</sup>-5 years old (Children born on or before December 15, 2007 through entering Kindergarten). All children must be potty trained, no exceptions. No camp 7/4. Enrollment for each camp session closes the Saturday prior to the upcoming weekly camp session. **A \$20 late fee will be charged for those who need camp on the Monday of each camp session. Summer camp orientation night: June 8 - see bottom of this page for details.**

Cost: See below for session pricing and special offers  
Location: San Bruno City Park, Tots Room  
Leaders: Recreation Leaders

Sign up before July 1 and receive 10% off registration for your second child in the same household!

#### MORNING SESSION ONLY

Cost: \$84 Resident, \$99 Non-resident  
**(Session 4 only)** \$71 Resident, \$86 Non-resident

Morning Session 1			
2600.301	M-F	10am-1pm	6/13-6/17
Morning Session 2			
2600.302	M-F	10am-1pm	6/20-6/24
Morning Session 3			
2600.303	M-F	10am-1pm	6/27-7/1
Morning Session 4 (No camp 7/4)			
2600.304	M-F	10am-1pm	7/5-7/8
Morning Session 5			
2600.305	M-F	10am-1pm	7/11-7/15
Morning Session 6			
2600.306	M-F	10am-1pm	7/18-7/22
Morning Session 7			
2600.307	M-F	10am-1pm	7/25-7/29
Morning Session 8			
2600.308	M-F	10am-1pm	8/1-8/5
Morning Session 9			
2600.309	M-F	10am-1pm	8/8-8/12
Morning Session 10			
2600.310	M-F	10am-1pm	8/15-8/19

#### FULL DAY SESSION

Cost: \$142 Resident, \$157 Non-resident  
**(Session 4 only)** \$117 Resident, \$132 Non-resident

Full Day Session 1			
2601.301	M-F	10am-4pm	6/13-6/17
Full Day Session 2			
2601.302	M-F	10am-4pm	6/20-6/24
Full Day Session 3			
2601.303	M-F	10am-4pm	6/27-7/1
Full Day Session 4 (No camp 7/4)			
2601.304	M-F	10am-4pm	7/5-7/8
Full Day Session 5			
2601.305	M-F	10am-4pm	7/11-7/15
Full Day Session 6			
2601.306	M-F	10am-4pm	7/18-7/22
Full Day Session 7			
2601.307	M-F	10am-4pm	7/25-7/29
Full Day Session 8			
2601.308	M-F	10am-4pm	8/1-8/5
Full Day Session 9			
2601.309	M-F	10am-4pm	8/8-8/12
Full Day Session 10			
2601.310	M-F	10am-4pm	8/15-8/19

Sign up for all 10 sessions and receive a 15% discount!

Code: 2600.311- Morning Session Only  
\$703 Resident, \$831 Non-resident

Code: 2601.311 - Full Day Session  
\$1,187 Resident, \$1,321 Non-resident

No Refunds Allowed for Individual Sessions.

#### Summer Camp Parent Orientation Night

Join us to meet your child's camp counselor. Ask questions you may have about your child's upcoming camp experience, hear testimony's from camp parents who have sent their child to camp. This night is optional and not required for a parent to attend.

Location: Recreation Center Community Room  
Instructor: Recreation Services Camp Staff  
Day/Times: Wed, June 8<sup>th</sup> 7:00pm-8:30pm

# Summer Camp

## Camp Kaleidoscope

**Ages 6-10 years old (or entering 1<sup>st</sup> Grade)**

Camp will offer youth, ages 6-10 years old, a wide range of activities to keep them active during the summer months. There will be ten sessions of camp, each one week in length. Five sessions will have a featured field trip and five sessions will have a special event or a wild life animal presentation. All costs, including transportation by charter bus for the featured trip, are included in the cost of the camp program. Children will also enjoy activities such as arts & crafts, outdoor games, indoor games, music & drama, special events, cooking projects, bowling, movies, swimming, hiking, and much more. A schedule will be given out the first day of each session. Children will be divided into age groups. Each group will be assigned a leader and a junior leader or leader in training. Each day, campers should bring a bag lunch, and wear tennis shoes and a sweatshirt. Cost Includes: Camp T-shirt, field trip fees, and all supplies! Please be sure all items are clearly labeled with the camper's name. Participants must have a Health Information Form on file PRIOR to participation in camp. Extended care available. No camp 7/4. Enrollment for each camp session closes the Saturday prior to the upcoming weekly camp session. **A \$20 late fee will be charged for those who need camp on the Monday of each camp session. Summer camp orientation night: June 8 - see bottom of page 11 for details.**

Cost: See below for session pricing and special offers  
Location: San Bruno City Park  
Leaders: Recreation Staff

Sign up before July 1 and receive 10% off registration for your second child in the same household!

### REGULAR CAMP SESSION

Cost: \$142 Resident, \$157 Non-resident

Session 1

3607.301 M-F 10am-4pm 6/13-6/17

Session 3

3607.303 M-F 10am-4pm 6/27-7/1

Session 5

3607.305 M-F 10am-4pm 7/11-7/15

Session 7

3607.307 M-F 10am-4pm 7/25-7/29

Session 9

3607.309 M-F 10am-4pm 8/8-8/12

Sign up for all 10 sessions and receive a 15% discount!

\$1,274 Resident, \$1,402 Non-resident

Code: 3607.311

No Refunds Allowed for Individual Sessions.

### FIELD TRIP CAMP SESSION

Cost: \$165 Resident, \$180 Non-resident

**(Session 4 only):** \$134 Resident, \$149 Non-resident

Session 2 - Tech Museum - San Jose

3607.302 M-F 10am-4pm 6/20-6/24

Session 4 - Pump It Up - Belmont (No Camp 7/4)

3607.304 M-F 10am-4pm 7/5-7/8

Session 6 - Oakland Zoo - Oakland

3607.306 M-F 10am-4pm 7/18-7/22

Session 8 - Roller Skating - Redwood City

3607.308 M-F 10am-4pm 8/1-8/5

Session 10 - Aqua Adventures Water Park - Fremont

3607.310 M-F 10am-4pm 8/15-8/19

Look for Swim Lesson Information in the Summer Activity Guide.

### Minimum 3 Days Rates for Mini Kaleidoscope, Camp Kaleidoscope & Adventure Camp

\$39 per day resident

\$49 per day non-resident

Must be pre-registered five (5) days prior (Wednesday) to session start day.

No discounts apply



# Summer Camp

## Adventure Camp Ages 11-13 years

Sign up before July 1 and receive 10% off registration for your second child in the same household!

Come join the excitement of Adventure Camp with the San Bruno Parks and Recreation Services Department. Adventure Camp is designed for kids who have outgrown day camp but are looking for fun during the summer. Field trips will include movies, bowling, ice skating, miniature golf, swimming, pizza parties, video game arcades, and featured trips such as Great America. Camp participants will meet in San Bruno City Park in the Rotary Pavilion area daily and will depart for field trips from there. Transportation for local trips will be by Sam Trans or walking. A schedule will be provided on the first day of each session. Cost includes a Camp T-shirt, Friday BBQ, field trip fees, and all supplies! Participants must have a Health Information Form on file PRIOR to participation in camp. Extended care available. No Camp 7/4. Enrollment for each camp session closes the Saturday prior to the upcoming weekly camp session. **A \$20 late fee will be charged for those who need camp on the Monday of each camp session. Summer camp orientation night: June 8 - see bottom of page 11 for details.**

Cost: See below for session pricing and special offers  
Location: San Bruno City Park, Rotary Pavilion area  
Leaders: Recreation Staff

### REGULAR CAMP SESSION

Cost: \$153 Resident, \$168 Non-resident

Session 1

4600.301 M-F 10:00am-4:00pm 6/13-6/17

Session 3

4600.303 M-F 10:00am-4:00pm 6/27-7/1

Session 5

4600.305 M-F 10:00am-4:00pm 7/11-7/15

Session 7

4600.307 M-F 10:00am-4:00pm 7/25-7/29

Session 9

4600.309 M-F 10:00am-4:00pm 8/8-8/12

### FIELD TRIP CAMP SESSION

Cost: \$179 Resident, \$194 Non-resident

**(Session 4 only)** \$145 Resident, \$160 Non-resident

Session 2 - San Jose Tech Museum

4600.302 M-F 10:00am-4:00pm 6/20-6/24

Session 4 - House of Air, San Francisco - No Camp 7/5

4600.304 M-F 10:00am-4:00pm 7/5-7/8

Session 6 - San Francisco Giants Game

4600.306 M-F 10:00am-4:00pm 7/18-7/22

Session 8 - Santa Cruz Beach Boardwalk

4600.308 M-F 10:00am-4:00pm 8/1-8/5

Session 10 - Aqua Adventures Water Park - Fremont

4600.310 M-F 10:00am-4:00pm 8/15-8/19

### Morning & Afternoon Camp Plus!

Extended Care is designed for parents who need additional care or for campers who just can't get enough camp. Campers will play games, make arts and crafts, and play at the park. Extended Care is open to children enrolled in Camp Kaleidoscope, Mini Kaleidoscope, and Adventure Camp. No Camp 7/4.

Cost: \$30 Residents, \$38 Non-residents

**(Session 4 only)** \$24 Resident, \$30 Non-resident

Location: San Bruno City Park, Community Room

Leaders: Recreation Staff

Sign up for all 10 sessions and receive a 15% discount.

\$250 Resident, \$316 Non-res

Code: 3608.311 (Morning)

Code: 3606.311 (Afternoon)

Daily Drop In (per day & session)

\$7 Resident, \$9 Non-resident

	Morning Extended 7:30-10am		Afternoon Extended 4-6pm	
Session 1	3608.301	6/13-6/17	3606.301	6/13-6/17
Session 2	3608.302	6/20-6/24	3606.302	6/20-6/24
Session 3	3608.303	6/27-7/1	3606.303	6/27-7/1
Session 4	3608.304	7/5-7/8	3606.304	7/5-7/8
Session 5	3608.305	7/11-7/15	3606.305	7/11-7/15
Session 6	3608.306	7/18-7/22	3606.306	7/18-7/22
Session 7	3608.307	7/25-7/29	3606.307	7/25-7/29
Session 8	3608.308	8/1-8/5	3606.308	8/1-8/5
Session 9	3608.309	8/8-8/12	3606.309	8/8-8/12
Session 10	3608.310	8/15-8/19	3606.310	8/15-8/19

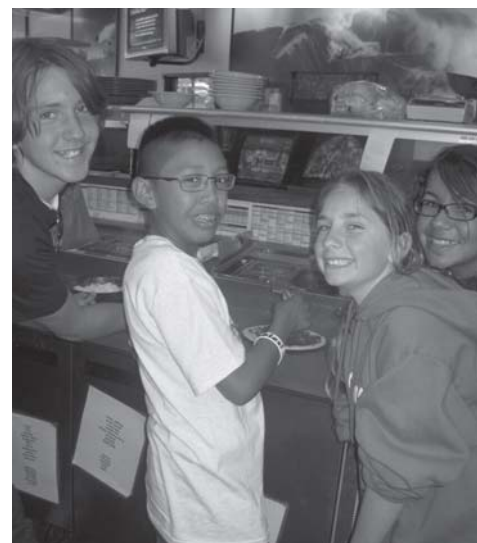
Sign up for all 10 sessions and receive a 15% discount!

\$1,382 Resident,

\$1,510 Non-resident

Code: 4600.311

No Refunds Allowed for Individual Sessions.





# Preschool Enrichment Classes

## Tiny Tots Preschool Program

Tiny Tots is an enrichment program for your preschooler, offering music, nature, arts and crafts exploration, exercise games, free play and pre-kindergarten academic skills presented in a social and creative atmosphere. For each child enrolled, one adult is required to assist with at least one class per month. Parent participation in the program enforces the positive skills and attitudes learned in the classroom. At Tiny Tots, play is recognized as the natural vehicle by which a child learns. It is through play that the child exercises curiosity and imagination, learns to concentrate, tries new ideas and practices grown-up behavior. Play is an essential tool for learning. It is through play that children come to understand natural and physical properties, develop fine and gross motor skills, learn to use language, develop a sense of imagination, social relationships, self-control and respect for one another and the environment. Art, music, cooking, dramatic play, block play, problem solving, physical activities, language experiences and self-help experiences are all part of the program. Children are encouraged to explore, create and express themselves at their own levels. Child should wear rubber soled shoes to class. Please register by the 5th of every month or a \$20 late fee will be charged. **CHILD MUST BE POTTY TRAINED.** No class 1/17, 2/11, 2/21, 4/8, 4/18, 4/20, 4/22, 4/25, 4/27, 4/29, 5/30.

Instructors: Jill Rofii & Monica Gomez  
Location: Recreation Center Tiny Tots Room  
Lab Fee: \$15 payable to instructor at first class  
Age: 3<sup>1/2</sup> to 5 years old (Born on or before 3/13/07)

### Monday, Wednesday & Friday

9:30am-12:30pm

Cost: \$222 Resident, \$237 Non-Resident  
2200.101 1/3-1/31 (Jan. = 12 Classes)

Cost: \$185 Resident, \$200 Non-resident  
2200.102 2/2-2/28 (Feb. = 10 Classes)

Cost: \$241 Resident, \$256 Non-resident  
2200.103 3/2-3/30 (March = 13 Classes)

Cost: \$114 Resident, \$129 Non-Resident  
2200.104 4/1-4/29 (April = 6 Classes)

Cost: \$259 Resident, \$274 Non-Resident  
2200.105 5/2-6/3 (May/June = 14 Classes)

### Babies on the Go! (5 classes)

Come dance, jump, sing, wiggle...and bring your parents too! In this hands on parent participation class you will help your child work on their fine and gross motor skills, coordination and socialization. Dancing games, bean bags, and musical instruments are just a few activities that await you. Ages 10 months-2 years.

Cost: \$61 Residents, \$76 Non-resident  
Location: Recreation Center Meeting Room  
Instructor: Pacific Dance Company  
2111.101 Th 10:30-11:15am 1/20-2/17  
2111.102 Th 10:30-11:15am 3/10-4/7  
2111.103 Th 10:30-11:15am 4/28-5/26

### Topsy Turvy Tumbling (5 classes)

Do you have a topsy turvy tumbling toddler? Then sign them up for topsy turvy tumbling! Students will learn basic tumbling moves as well as working on their balance, coordination and listening skills. Students will perform for friends and family on the last day of class! Ages 3-5. No class 2/11.

Cost: \$61 Resident, \$76 Non-resident  
Instructor: Pacific Dance Company  
Location: Recreation Center Meeting Room  
2111.110 F 11:30am-12:15pm 1/14-2/18  
2111.111 F 11:30am-12:15pm 3/4-4/1  
2111.112 F 11:30am-12:15pm 4/15-5/13

### Princess Dance Party (5 classes)

Come one, come all to the princess ball! Crowns and wands provided! Dancers wiggle and giggle to creative movement dance activities in this fun and enchanting class! Students will learn fun princess routines as well as work on coordination, following directions and team work. Students will perform for friends and family on the last day of class. Ages 3-6. No class 2/11.

Cost: \$61 Resident, \$76 Non-resident  
Instructor: Pacific Dance Company  
Location: Recreation Center Meeting Room  
2101.101 W 5:15-6:00pm 1/12-2/9  
2101.102 W 5:15-6:00pm 2/23-3/23  
2101.103 W 5:15-6:00pm 4/6-5/4  
2101.104 F 9:45-10:30am 1/14-2/18  
2101.105 F 9:45-10:30am 3/4-4/1  
2101.106 F 9:45-10:30am 4/15-5/13

### Kindermusik "The Village" (8 classes)

Taught by a certified Kindermusik instructor, Kindermusik Village is for lap babies, crawlers, and walkers. It incorporates the most current research on early childhood development and provides families a special place for learning and connecting with other parents and babies through music and movement. Ages 0-2.

Cost: \$160 Resident, \$175 Non-resident  
Lab Fee: \$35 payable to instructor at first class  
Location: ViBO Music Center, 488 San Mateo Ave.  
Instructor: ViBO Early Childhood Music Teacher  
2105.101 W 10:00-10:45am 1/12-3/2  
2105.102 W 10:00-10:45am 3/9-4/27

### Kindermusik "ABC Music & Me" (8 classes)

Taught by a certified instructor, ABC Music & Me, an award-winning enrichment program for 2 to 4 year olds. This class brings adults and children together, providing a dynamic and integrated musical learning experience for everyone. Material includes magazines, home CD and musical instruments. Ages 2-4.

Cost: \$160 Resident, \$175 Non-resident  
Lab Fee: \$35 payable to instructor at first class  
Location: ViBO Music Center, 488 San Mateo Ave.  
Instructor: ViBO Early Childhood Music Teacher  
2112.101 W 10:45-11:30am 1/12-3/2  
2112.102 W 10:45-11:30am 3/9-4/27

# Preschool Enrichment Classes

## Kidz Love Soccer

### Mommy/Daddy & Me Soccer (8 classes)

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Rainout Hotline: 1-888-372-5803. Ages 2-3<sup>1/2</sup>. No class 2/11.

Cost: \$93 Resident, \$108 Non-resident

Location: Recreation Center Gym (Winter) Grundy Park, Cherry Avenue @ Park Avenue (Spring)

Instructor: Kidz Love Soccer Staff

2419.101	F	5:30-6:00pm	1/21-3/18
2419.102	F	11:30am-12:00pm	4/8-5/27

### Kidz Love Soccer - Tot-Soccer (8 classes)

Encourages large motor skill development through fun soccer games and introduces small children to a group setting. Little tykes will enjoy running and kicking just like the big kids! **Shin guards are required after the first meeting.** Rainout Hotline: 1-888-372-5803. Ages 3<sup>1/2</sup>-4. No class 2/11.

Cost: \$93 Resident, \$108 Non-resident

Location: Recreation Center Gym (Winter)

Grundy Park, Cherry Avenue @ Park Avenue (Spring)

Instructor: Kidz Love Soccer Staff

2419.103	F	3:10-3:45pm	1/21-3/18
2419.104	F	10:15-10:45am	4/8-5/27
2419.105	F	5:30-6:00pm	4/8-5/27

### Kidz Love Soccer - Pre-Soccer (8 classes)

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment. **Shin guards are required after the first meeting.** Rainout Hotline: 1-888-372-5803. Ages 4-5. No class 2/11.

Cost: \$93 Resident, \$108 Non-resident

Location: Recreation Center Gym (Winter)

Grundy Park, Cherry Avenue @ Park Avenue (Spring)

Instructor: Kidz Love Soccer Staff

2419.106	F	3:10-3:45pm	1/21-3/18
2419.107	F	10:45-11:20am	4/8-5/27
2419.108	F	3:10-3:45pm	4/8-5/27



## Terrific Tiny Tennis (6 classes)

Children play FUN activities and games that enhance hand-eye coordination, locomotor skills, and knowledge of general tennis concepts, in this 6-week session. Lessons also provide a success-oriented social environment that may encourage children to continue in the lifetime sport of tennis. Small group lessons for 2-6 students. Bring a racquet. In case of rain, check with the instructor at the court. **NO POSTPONEMENT ANNOUNCEMENT WILL BE GIVEN OVER THE PHONE.** If at any time the instructor is absent, report to the next scheduled lesson for makeup date. Unless notified otherwise, any makeup(s) due to postponement (i.e. rainouts) will be held on the next available normal meeting day following the session. However, Fridays may be used at the instructor's discretion. Ages 5-8.

Cost: \$69 Resident, \$84 Non-resident

Location: San Bruno City Park Tennis Courts

Instructor: Whitlinger & Sarsfield Tennis Staff

### 5-6 Year Olds

2402.101	Sat	11:00-11:40am	4/9-5/14
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## Parent and Child Intro to Ice Skating (6 classes)

This is a fun experience for one parent and one child to learn to ice skate together. Classes will be geared to the child's level. Cost includes one parent and one child, skate rental, one-half hour lesson and practice time immediately following the lesson. Ages 3-4 years old plus parent.

Cost: \$59 Resident, \$74 Non-resident

Location: Ice Center at San Mateo, 2202 Bridgepointe Parkway, San Mateo (574-1616)

Instructor: Ice Center Staff

2400.101	W	10:00-11:00am	1/5-2/9
2400.102	W	10:00-11:00am	3/2-4/6
2400.103	W	10:00-11:00am	4/13-5/18

## Little Athletes (5 classes)

In this class your little athlete will work on their hand eye coordination, balance and listening skills through a series of fun games and exercises. Students will also work on throwing, kicking, catching and bouncing. Parent participation required each class. Ages 2-5. No class 2/11.

Cost: \$61 Resident, \$76 Non-resident

Instructor: Pacific Dance Company

Location: Recreation Center Meeting Room

2111.107	F	10:30-11:15am	1/14-2/18
2111.108	F	10:30-11:15am	3/4-4/1
2111.109	F	10:30-11:15am	4/15-5/13

# Preschool Enrichment Classes

## Pre-Ballet First Class Ages 2-3 (6 or 7 Classes)

Moms, dads and Nannies are encouraged to participate with the children in this fun introduction to dance. This is a playful class that improves motor skills and teaches children to follow the instructor. Children enjoy performing finger plays, dancing to nursery rhymes and moving with balls or scarves to a variety of music. Please wear comfortable clothing that is easy to dance in. For questions about the class call the instructor: Matrisha at 415-722-8281.

Location: Recreation Center Meeting Room

Instructor: Matrisha Person

Cost: \$69 Resident, \$84 Non-resident

2103.101 T 9:45-10:30am 1/11-2/15

Cost: \$80 Resident, \$95 Non-resident

2103.102 T 9:45-10:30am 3/1-4/12

Cost: \$69 Resident, \$84 Non-resident

2103.103 T 9:45-10:30am 4/26-5/31

## Pre-Ballet Ages 3-4 (6 & 11 Classes)

For children who want to try a ballet class, this is a fun introduction. Session 2 includes our annual recital. Children will learn and practice special dances that they will perform on May 21. New students must get the instructor's permission to enroll. Students should not change their class level without permission from the instructor. All students must be registered and have paid their \$40.00 costume fee to the instructor no later than Feb.15. For questions regarding your child's level or ability please call the instructor, Matrisha at 415-722-8281. No class 4/19.

Location: Recreation Center Meeting Room

Instructor: Matrisha Person

Cost: \$69 Resident, \$84 Non-resident

2103.104 T 10:45-11:30am 1/11-2/15

Cost: \$138 Resident, \$153 Non-resident

Costume Fee: \$40 payable to teacher by 2/15

2103.105 T 10:45-11:30am 3/1-5/17

## Parent & Child Rock Climbing Lesson (1 class)

There's nothing better than being able to participate in activities with your kids. This class will teach parents safety skills and how to manage the ropes for their child to climb at Planet Granite. Lesson price includes one hour of instruction, gear rentals, and a day pass for the child to climb afterwards. Registration is for one parent and one child. Please arrive 15 minutes early to sign release paperwork. Ages 5-13.

Cost: \$46 Resident, \$57 Non-resident

Instructor: Planet Granite Staff

Location: Planet Granite, 100 El Camino Real, Belmont

3615.105 Sat 9:45-11:00am 3/19

## Pre-Ballet Ages 4-5 (6 & 11 Classes)

Children have fun as they stretch, leap and dance to classical music. This class introduces young dancers to the ballet barre and to basic ballet concepts. Session 2 includes our annual recital. Children will learn and practice special dances that they will perform on stage May 21. New students must get the instructor's permission to enroll. Students should not change their class level without consulting the instructor first. All students must be registered and have paid their \$40.00 costume fee to the instructor no later than Feb. 15. For questions regarding your child's level or ability please call the instructor, Matrisha at 415/722-8281. No class 4/19.

Location: Recreation Center Meeting Room

Instructor: Matrisha Person

Cost: \$69 Resident, \$84 Non-resident

2103.106 T 2:30-3:15pm 1/11-2/15

Cost: \$138 Resident, \$153 Non-resident

Costume Fee: \$40 payable to teacher by 2/15

2103.107 T 2:30-3:15pm 3/1-5/17



## Science Rocks! (6 classes)

Discover some fundamentals of science in this series of workshops. Learn all about chemistry by mixing stuff together. Join the Mad Science Astronaut in Training program and learn about the elements of space. Listen to sounds and rhythm and study the science of music. Learn about the power of air, and build your own cloud climber. Create a cloud in a bottle and make it rain...inside! Ages 3-5.

Cost: \$100 Resident, \$115 Non-resident

Location: Recreation Community Room

Instructor: Mad Science of the Bay Area

2620.104 T 10:30-11:15am 1/11-2/15

## Preschool Drawing (9 classes)

Young Rembrandts classes provide handwriting readiness to young children and will help guide them in a fun learning environment which will prepare them for elementary school. Young Rembrandts drawing classes will aid in developing a child's fine motor skills, listening, and visual/special organization skills. This spring we will draw various familiar objects that'll spark a young artist's creativity. We will create many colorful compositions that are sure to make you look twice! Ages 3<sup>1/2</sup>-5<sup>1/2</sup>. No class 2/11, 4/8 & 4/22.

Cost: \$99 Resident, \$114 Non-resident

Lab Fee: \$10 payable to instructor at first class

Instructor: Young Rembrandts Staff

Location: Recreation Center Tiny Tots Room

2002.101 F 2:00-3:00pm 1/7-3/11

2002.102 F 2:00-3:00pm 3/18-5/27



# Preschool Enrichment Classes

## Broadway Song & Dance (8 classes)

What a thrilling way to introduce your child to song and dance! Your young one will be shown basic fundamentals in proper ballet and basic jazz technique along with learning to dance, sing, and perform at the same time. This class will start with a series of fun and active stretches to warm up, floorwork to learn steps and technique, and dance and song choreography near the end of the class from popular musicals such as "The Lion King", "Annie", "Grease" and many more. A final performance will be presented on the last day of class. No class 2/19. Ages 3-8.

Cost: \$160 Resident, \$175 Non-resident

Location: ViBO Music Center, 488 San Mateo Ave.

Instructor: ViBO Vocal Instructor

2112.105	Sat	10:00-11:00am	1/15-3/12
2112.106	Sat	4:00-5:00pm	1/15-3/12
2112.107	Sat	10:00-11:00am	3/19-5/7
2112.108	Sat	4:00-5:00pm	3/19-5/7

## Dinosaur Discovery (5 classes)

Come and discover the lost world of Dinosaurs. Class will journey through the different ages of our planet and into the lost world of Dinosaurs. We will meet many fascinating creatures. In our journey through time we will walk through bug infested swamps and dive into the guts of a volcano. Ages 5-11.

Cost: \$59 Resident, \$74 Non-resident

Instructor: Mario Cuellar

Location: Recreation Center Tiny Tots Room

3217.101	T	4:30-5:30pm	2/1-3/1
3217.102	T	4:30-5:30pm	3/15-4/12

## Earth, Wind, Inspire (8 classes)

Neither rain, nor sleet, nor snow will prevent us from having a great time in this session of Mad Science. We'll learn all about weather as we explore meteorology and clouds. Take a voyage to the center of the earth as we investigate how our planet formed and the forces that keep changing things. Discover how science is used to solve crimes, and take home your own I.D. kit. Learn all about pulleys, levers and catapults in Mad Science Machines and make your own Rocket Racer. Discover first-hand how movie special effects are created. Turn your kitchen into a virtual lab as you learn about the chemical reactions that take place there. Explore the science behind your favorite toys, as well as some that you may not have played with, but your parents probably did. You won't want to miss a minute of this exciting series! Ages 6-12 (K-6th Grades).

Cost: \$134 Resident, \$149 Non-resident

Location: Recreation Community Room

Instructor: Mad Science of the Bay Area

3614.101	T	3:30-4:30pm	1/11-3/1
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## My First Art Class~ (8 classes)

Come experience 5 art stations where making a mess is part of the process! You have fun; we clean up! Art projects continue to change all year long! Process rather than product is emphasized. Projects are age appropriate with the children having the freedom to explore materials at their own pace and in their own way. This is not a class where the children sit still and have an art lesson. The children are free to express their own creativity by moving freely around the room as they choose. The class ends on a musical note with singing and dancing and having too much fun. Parental participation is required. Ages 18 months-4 years.

Cost: \$105 Resident, \$120 Non-resident

Lab Fee: \$10 payable to instructor

Location: Millbrae Community Center, 477 Lincoln Circle, Millbrae

Instructor: Chris Pollard/Renee Ramsey

18 months-3 Year Olds

2001.101	Th	9:30-10:30am	1/27-3/17
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2201.102	Th	9:30-10:30am	4/7-5/26
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2-4 Year Olds

2001.103	Th	10:45-11:45am	1/27-3/17
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2001.104	Th	10:45-11:45am	4/7-5/26
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## Tiny Tot Gymnastics~ (8 classes)

Your toddler/preschooler will build his/her motor skills while having fun! This course offers beginning gymnastics skills such as tumbling and balancing to develop strength, flexibility, coordination and self-confidence. Children will participate in activities that encourage personal growth and body awareness. Please have your child dress in comfortable clothing. No class 1/13, 2/17, 4/7, 4/21. Ages 3-5.

Cost: \$115 Resident, \$130 Non-resident

Instructor: Laurie Loo

Location: Millbrae Community Center

2418.101	Th	3:30-4:15pm	1/6-3/10
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2418.102	Th	3:30-4:15pm	3/17-5/19
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## Little Hoopers (10 classes)

This unique class introduces the game of basketball to youngsters in a fun, non-competitive environment. Our coaches have been specifically trained to teach basketball to pre-school aged children using smaller balls and lower hoops. We will focus on skills such as dribbling, passing, catching and shooting. We will also play games such as dribble tag, sharks and minnows, and steal the bacon. Come out and PLAY! Ages 4-5.

Cost: \$150 Resident, \$165 Non-resident

Instructor: One on One Basketball

Location: Recreation Center Gym

2414.101	Th	10:15-11:00am	1/13-3/17
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2414.102	Th	10:15-11:00am	3/24-5/26
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# Youth Enrichment Classes

## Guitar Workshop for Beginners (8 classes)

Learn all the basics for the guitar. This 8-week hourly class is designed for beginners. You will learn basic posture, fundamental chords, strumming patterns, and well known songs from different genres. Learn scale and chord formations and how to apply to the guitar. Learn how to read guitar music and how to interpret sheet music downloaded from the Internet. Learn how to accompany yourself on guitar. No class 2/21. Ages 8-over. Adults Welcome.

Cost: \$150 Resident, \$165 Non-resident  
 Location: Vibo Music Center, 488 San Mateo Ave.  
 Instructor: Vibo Music Guitar Instructor

5117.101	M	7:00-8:00pm	1/24-3/21
5117.102	Th	7:00-8:00pm	2/24-4/14
5117.103	Sat	12:00-1:00pm	3/26-5/14

## Children's Art (9 classes)

In Young Rembrandts we will draw a variety of awesome subjects that build and perfect our drawing techniques. Children will have the opportunity to draw numerous entertaining subjects. Young Rembrandts enhances students talents while unleashing their visual creativity and image vocabulary. Kids will draw a fun new drawing each week using either colored pencils, markers, or crayons. As an added educational tool, once a month students will be taught to draw from an image based on a historical art piece. No class 2/11, 4/8 & 4/22. Ages 6-12.

Cost: \$99 Resident, \$114 Non-resident  
 Lab Fee: \$10 payable to instructor at first class  
 Instructor: Young Rembrandts Staff  
 Location: Recreation Center Tiny Tots Room

3005.101	F	3:15-4:15pm	1/7-3/11
3005.102	F	3:15-4:15pm	3/18-5/27

## Kidz Love Soccer - Soccer 1 (8 classes)

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun "skill" games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. **Shin guards are required after the first meeting.** Rainout Hotline: 1-888-372-5803. No class 2/11. Ages 5-6.

Cost: \$93 Resident, \$108 Non-resident  
 Location: Recreation Center Gym (Winter)  
 Grundy Park, Cherry Avenue @ Park Avenue (Spring)  
 Instructor: Kidz Love Soccer Staff

3419.101	F	3:45-4:30pm	1/21-3/18
3419.102	F	3:45-4:30pm	4/8-5/27

## New Skillz & Scrimmages (8 classes)

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our Soccer 1 classes for those who are aspiring to the next level. All levels of skill are welcome to learn and enjoy the world's most popular sport! Shin guards are required and each participant will receive a soccer jersey. Rainout Hotline: 1-888-372-5803. No class 2/11. Ages 7-10.

Cost: \$98 Resident, \$113 Non-resident  
 Location: Recreation Center Gym (Winter)  
 Grundy Park, Cherry Avenue @ Park Avenue (Spring)  
 Instructor: Kidz Love Soccer Staff

3419.103	F	4:40-5:25pm	1/21-3/18
3419.104	F	4:40-5:25pm	4/8-5/27

## Intro to Hockey Skating (6 classes)

This class is designed to teach basic ice hockey skating skills. Each of the six lessons will provide 30 minutes of instruction from 4:00-4:30pm. Basic forward skating is required to attend class. Students will learn to move, turn and stop in a controlled manner. Balance and use of blade edges, critical to a hockey player will be emphasized. This is not a hockey league, but rather a class in learning how to skate. Helmets with face masks and sticks are required. Class fee includes skate rental. All students get 6 free practice sessions at one of our public skate sessions (must be used prior to last class date). Dress warmly and wear thick socks. Please be sure to arrive 15 minutes prior to lessons to check in and get skates on. Ages 6-14.

Cost: \$65 Resident, \$80 Non-resident  
 Location: Ice Center at San Mateo, 2202 Bridgepointe Parkway, San Mateo (574-1616)  
 Instructor: Ice Center Staff

3400.107	T	4:00-4:30pm	1/4-2/8
3400.108	T	4:00-4:30pm	3/1-4/5
3400.109	T	4:00-4:30pm	4/12-5/17

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[DrFinones@ztoothfairy.com](mailto:DrFinones@ztoothfairy.com)

# Youth Enrichment Classes

## Skateboarding 101 Group Lessons (5 classes)

Learn to skate or refine your skills from the Society experienced skateboarding instructors at the Millbrae Skate Park. Skateboarding safety, fundamentals, and technique will be covered in this class. The students will learn to enjoy this sport to the fullest with a focus on balance, coordination, and skateboarding etiquette. *Take advantage of the 10% discount on all safety gear at Society with registration on 625 Laurel Street, San Carlos CA 94070, (650) 596-8182. Ages 5-12.*

Cost: \$100 Resident, \$115 Non-resident  
Location: Millbrae Skate Park, 451 Millbrae Avenue  
Instructor: Society Skate Instructors

3424.101	Sat	10:00-11:00am	4/9-5/7
3424.102	Sat	11:05am-12:05pm	4/9-5/7
3424.103	Sat	10:00-11:00am	5/14-6/11
3424.104	Sat	11:05am-12:05pm	5/14-6/11

## Beginner Volleyball For New Players (8 classes)

This class is designed for new players or those with limited experience. Class will teach volleyball basics, including rules, bumping, serving, rotating, spiking and team play. Class will consist of warm-ups, exercise drills and team play. New players 11 and over should join the intermediate class. Ages 7-10.

Cost: \$80 Resident, \$95 Non-resident  
Location: Recreation Center Gym  
Instructor: Lynn Niemira

5409.102	T	5:45-6:45pm	1/4-2/22
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## Chinese Martial Arts Kung Fu (5 classes)

In this class, students will learn fundamental building blocks that will help develop skills required in more advanced levels of Kung Fu training. Learn the origin of Chinese Martial Arts, customs and philosophies, and in turn develop a respectful attitude toward others and themselves. Students will learn basic stances, punches, footwork, practical self-defense techniques, and a Northern Shao-Lin form. Uniform and equipment may be purchased from instructor. Students signing up for Beginner II must have completed the Beginner I class and permission from Instructor. Ages 10-17.

Cost: \$70 Resident, \$85 Non-resident  
Location: Monte Verde School, 2551 St. Cloud Dr.  
Instructor: Robert Louie & Herb Leung

Beginner I

5401.101	F	6:45-7:45pm	1/14-2/11
5401.102	F	6:45-7:45pm	2/18-3/18
5401.103	F	6:45-7:45pm	3/25-4/22
5401.104	F	6:45-7:45pm	4/29-5/27

Beginner II

5401.105	F	7:45-8:45pm	1/14-2/11
5401.106	F	7:45-8:45pm	2/18-3/18
5401.107	F	7:45-8:45pm	3/25-4/22
5401.108	F	7:45-8:45pm	4/29-5/27



## Kids Broadway Musical Vocal Group (8 Classes)

There's no business like show business! This exciting weekly vocal class will rehearse songs from Grease, Dr. Suess or the untold musical story of "The Wizard of Oz's Wicked Witch and all of the other popular tunes in Broadway. Taught by experienced Broadway and Jazz singer Ann Marie Andres, children will learn to how sing with clarity and conviction, and have more appreciation in musical theatre. Performance opportunities will be surely provided. No class 2/20. Ages 6-18.

Cost: \$160 Resident, \$175 Non-resident  
Location: ViBO Music Center, 488 San Mateo Ave.  
Instructor: ViBO Dance Instructor

3117.102	Sun	1:00-2:00pm	1/16-3/13
3117.103	Sun	1:00-2:00pm	3/20-5/8

## Intermediate Volleyball (8 classes)

This class is for players who have participated in the San Bruno Recreation Youth Volleyball League or have played on a school volleyball team at least one season. Class will emphasize bump, set & spike skills. We will do volleyball specific exercises and drills and have lots of time for team play. First time players 11 years and older should join this class. Ages 11-14.

Location: Recreation Center Gym  
Instructor: Lynn Niemira  
Cost: \$100 Resident, \$115 Non-resident

5409.101	Th	5:45-7:00pm	1/6-2/24
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## Volleyball Private Lessons

Private lessons available! One-on-one or small groups. Call Lynn at 650-615-9201 to set up appointments.

## Aikido for Youth (8 classes)

In addition to being excellent physical exercise and effective self-defense, Aikido teaches smooth, balanced and relaxed movement. Aikido means "way of harmony" and is a philosophy integrating physical, spiritual and cultural values. Class is taught in a formal setting with the discipline and etiquette that reflect traditional Japanese Martial Arts. Email aikiodori@yahoo.com for information. Ages 7-13.

Cost: \$72 Resident, \$87 Non-resident  
Location: Tanforan Professional Center, 1405 B Huntington, SSF  
Instructor: Robert Toyama

3407.101	TTh	6:00-6:45pm	1/11-2/3
3407.102	TTh	6:00-6:45pm	2/8-3/3
3407.103	TTh	6:00-6:45pm	3/8-3/31
3407.104	TTh	6:00-6:45pm	4/5-4/28
3407.105	TTh	6:00-6:45pm	5/3-5/26



# Youth Enrichment Classes

## Mighty Mite Gymnastics~ (8 Classes)

This course offers an introduction to basic gymnastics skills and techniques. Classes focus on developing your child's strength, flexibility, coordination, and self-confidence through beginning tumbling and balancing skills. Children will participate in activities that encourage personal growth and physical fitness. No class 1/12, 2/16, 4/6, 4/20. Ages 5<sup>1/2</sup>-12.

Cost: \$115 Resident, \$130 Non-resident

Instructor: Laurie Loo

Location: Millbrae Community Center, 477 Lincoln Cir.

3418.101	W	3:30-4:15pm	1/5-3/9
3418.102	W	3:30-4:15pm	3/16-5/18

## Mighty Mite 2 Gymnastics~ ( Classes)

This course offers instruction for basic gymnastics skills and techniques. Classes focus on developing your child's strength, flexibility, coordination and self-confidence through tumbling and balancing skills. Recommended prior completion of Mighty Mite Gymnastics and/or can do forward roll by self and assisted cartwheel. Please have your child dress in comfortable clothing. No class 1/13, 2/17, 4/7, 4/21. Ages 5<sup>1/2</sup>-12.

Cost: \$125 Resident, \$140 Non-resident

Instructor: Laurie Loo

Location: Millbrae Community Center, 477 Lincoln Cir.

3418.103	Th	4:30-5:30pm	1/6-3/10
3418.104	Th	4:30-5:30pm	3/17-5/19

## Intermediate Gymnastics!~ (8 classes)

This course offers instruction to intermediate gymnastics skills and techniques. Classes focus on developing your child's strength, flexibility, coordination and self-confidence through intermediate tumbling and balancing skills. Recommended prior completion of Mighty Mite 2 Gymnastics and/or can do a backbend and cartwheel by self. Please have your child dressed in comfortable clothing. No class 1/12, 2/16, 4/6, 4/20. Ages 5<sup>1/2</sup>-12.

Cost: \$127 Resident, \$142 Non-resident

Instructor: Laurie Loo

Location: Millbrae Community Center, 477 Lincoln Cir.

3418.107	W	4:30-5:30pm	1/5-3/9
3418.108	W	4:30-5:30pm	3/16-5/18

## Youth Intro to Ice Skating (6 classes)

During each six-week session, students will be introduced to basic ice skating skills. Each lesson provides 30 minutes of instruction and 30 minutes of practice time on the ice. (Practice time will be from 5:45 - 6:15 pm.) Be sure to dress warmly and wear thick socks. Skate rental is included in the class fee. Please be sure to arrive 20 minutes prior to lesson to check-in and put on skates. No class 1/17. Ages 5-14.

Cost: \$65 Resident, \$80 Non-resident

Location: Ice Center at San Mateo, 2202 Bridgepoint Parkway, San Mateo (650) 574-1616

Instructor: Ice Center Staff

### 5-7 Year Olds

3400.101	M	5:15-6:15pm	1/3-2/14
3400.102	M	5:15-6:15pm	2/28-4/4
3400.103	M	5:15-6:15pm	4/11-5/16

### 8-14 Year Olds

3400.104	M	5:45-6:45pm	1/3-2/14
3400.105	M	5:45-6:45pm	2/28-4/4
3400.106	M	5:45-6:45pm	4/11-5/16

## Beginners Badminton (4 classes)

Did you know that badminton is the second most played sport in the world. Are you ready for the fastest racket sport in the world? This introductory class offers a fun and instruction-packed 4 sessions. This course is designed to introduce the basics and fundamentals of badminton. Players will be divided by age. Coaches will assign drills and instruction in both singles and doubles play. To enhance badminton skills, all players will learn and review scoring rules, foot work, strokes and essential fundamentals to badminton. This course will prepare students for middle school and high school competitive badminton. Participants should bring their own racquets. Ages 5-17.

Cost: \$75 Resident, \$90 Non-Resident

Location: Bay Badminton Center, 1611 Adrian Road, Burlingame

Instructor: Sal Banquiles, 650-692-1611, info@baybadminton.com

3719.101	W	4:00-5:00pm	2/2-2/23
3719.102	Th	4:00-5:00pm	2/3-2/24
3719.103	F	4:00-5:00pm	2/4-2/25
3719.104	Sat	10:00-11:00am	2/5-2/26
3719.105	Sat	2:00-3:00pm	2/5-2/26
3719.106	W	4:00-5:00pm	3/2-3/23
3719.107	Th	4:00-5:00pm	3/3-3/24
3719.108	F	4:00-5:00pm	3/4-3/25
3719.109	Sat	10:00-11:00am	3/5-3/26
3719.110	Sat	2:00-3:00pm	3/5-3/26
3719.111	W	4:00-5:00pm	5/4-5/25
3719.112	Th	4:00-5:00pm	5/5-5/26
3719.113	F	4:00-5:00pm	5/6-5/27
3719.114	Sat	10:00-11:00am	5/7-5/28
3719.115	Sat	2:00-3:00pm	5/7-5/28

# Youth Enrichment Classes

## Ukulele Workshop for Beginners (8 classes)

With Guidance from the instructor, students will learn to play the ukulele in a fun group environment. The small group setting ensures students receiving individual attention. Class will cover how to read music, basic ukulele technique, rhythm, easy songs and chords. No class 2/19. Ages 8-over.

Cost: \$150 Resident, \$165 Non-resident

Location: Vibo Music Center, 488 San Mateo Ave., SB

Instructor: Vibo Music Instructor

3113.107 Sat 12:00-1:00pm 1/15-3/12

3113.108 Sat 12:00-1:00pm 3/19-5/7

## Beginning Keyboards (8 classes)

With Guidance from the instructor, students will learn to play the piano in a fun group environment. The small group setting ensures students receiving individual attention. Class will cover how to read music, basic piano technique, rhythm, easy songs and chords. No class 2/20 & 4/24. Ages 7-16.

Cost: \$144 Resident, \$159 Non-resident

Location: ViBO Music Center, 488 San Mateo Ave.

Instructor: ViBO Piano Teacher

3113.101 Sun 12:00-1:00pm 1/16-3/13

3113.102 Sun 12:00-1:00pm 3/20-5/15

## Indoor Rock Climbing (5 classes)

Kids are just natural born climbers. At Planet Granite, we offer an exciting 5 week program to introduce them to this great sport. This program is an excellent opportunity for kids to challenge themselves mentally and physically in a safe and supportive team environment. Planet Granite T-shirt included. Parents MUST attend first class with minor to sign release paperwork. Ages 5-13.

Cost: \$131 Resident, \$146 Non-resident

Instructor: Planet Granite Staff

Location: Planet Granite, 100 El Camino Real, Belmont  
5-8 Year Olds

3615.101 W 4:00-6:00pm 2/16-3/16

3615.102 W 4:00-6:00pm 5/11-6/8

9-13 Year Olds

3615.103 W 4:00-6:00pm 2/16-3/16

3615.104 W 4:00-6:00pm 5/11-6/8

## New Knitting (4 classes)

This class is mainly for beginning students. Learn how to knit a scarf, a hat and more! Knitting is often compared to yoga. It helps lower stress levels and enhances finger movements. Experienced knitters are welcome too. Please bring projects of choice including afghans, doll clothes and sweaters. Bring 2 skeins of 4-ply yarn and a pair of size 7 or 8 needles or \$10 lab fee payable to instructor at the first class. Ages 6-12.

Cost: \$46 Resident, \$58 Non-resident

Lab Fee: \$10 payable to instructor if you don't bring your own materials

Location: Recreation Center Tiny Tots Room

Instructor: Qing Cai

3016.101 Th 3:30-5:00pm 1/20-2/10

## Learn to Draw Portraits and People

(4 Classes)

In this special four-session class, children of all ages will learn to draw and paint people. Instructor Charna Conway's unique teaching techniques will enable students to see shape and proportion to create a realistic drawing of portraits and people. This skill will boost the confidence of any child in their ability to draw and create beautiful art, a priceless gift for any child. Ages 5-14.

Cost: \$45 Resident, \$56 Non-resident

Lab Fee: \$9 payable to instructor at first class

Location: Recreation Center Ceramics Room

Instructor: Charna Conway

3004.101 W 4:30-5:30pm 2/23-3/16

3004.102 W 4:30-5:30pm 4/13-5/4

## Children's Crafts Class (4 classes)

This course will include an introduction to the arts. Students will have a chance to create different projects including design, painting, candle making, paper mache, and holiday cards and decorations. Children will have fun making their own artwork. Ages 6-15.

Cost: \$31 Resident, \$38 Non-resident

Lab Fee: \$15 payable to instructor at first class

Location: Recreation Center, Ceramics Studio

Instructor: Marilyn Bennett

2000.101 M 4:00-5:00pm 1/24-2/14

2000.102 M 4:00-5:00pm 4/11-5/2

## New Crocheting (4 classes)

This class is mainly for beginning students. It's a therapeutic learning experience which brings a greater state of calm for students to work on hand needlework. Students will learn the five basic stitches of crocheting. Ages 6-12.

Cost: \$46 Resident, \$58 Non-resident

Lab Fee: \$10 payable to instructor

Location: Recreation Center Tiny Tots Room

Instructor: Qing Cai

3016.102 Th 3:30-5:00pm 2/24-3/17

## New Looming (4 classes)

Students learn to "knit" without the manipulation of the needles. It is a fun way for experienced crafters who like to try something different. Students will learn how to make hats, leg warmers, shawls, scarves and more. Ages 6-12.

Cost: \$46 Resident, \$58 Non-resident

Lab Fee: \$10 payable to instructor

Location: Recreation Center Tiny Tots Room

Instructor: Qing Cai

3016.103 Th 3:30-5:00pm 3/31-4/21

# Youth Enrichment Classes

## Primary Ballet Ages 5-6 Kindergarden

### (6 & 11 Classes)

For children who love the fantasy of ballet, this class focuses on learning classical ballet technique in an imaginative and supportive atmosphere. Each class includes exercises at the barre, learning primary classical positions, steps, turns and movement combinations, as well as free dancing with scarves. Session 2 includes our annual recital. Children will learn and practice special dances that they will perform on stage May 21. New students must get the instructor's permission to enroll. Students should not change their class level without permission from the instructor. All students must be registered and have paid their \$45.00 costume fee to the instructor no later than Feb.15. For questions regarding your child's level or ability please call the instructor, Matrisha at 415-722-8281.

Location: Recreation Center Meeting Room  
 Instructor: Matrisha Person  
 Cost: \$69 Resident, \$84 Non-resident  
 2103.108 T 3:30-4:30pm 1/11-2/15  
 Cost: \$138 Resident, \$153 Non-resident  
 Costume Fee: \$45 payable to teacher by 2/15  
 2103.109 T 3:30-4:30pm 3/1-5/17

## Spring Dance Recital 2011 Saturday, May 21

Miss Matrisha's dance students ages 3 and up are invited to dance in costume at the Spring Recital. The Registration deadline for the recital session is February 15 and all costume fees must be paid by that date. New students must have the instructor's permission to register and continuing students should not change their class level without consulting the instructor first. For information about the recital or the classes please call the instructor, Matrisha Person at 415-722-8281. For registration information please call the recreation center office at 650- 616-7180.

## Hip Hop (5 classes)

In this high energy dance class students will learn basic hip hop steps and routines to their favorite age appropriate songs! Class will also focus on rhythm and coordination skills. Students will perform for friends and family on the last day of class! Ages 6-12.

Cost: \$61 Resident, \$76 Non-resident  
 Location: Recreation Center Meeting Room  
 Instructor: Pacific Dance Company  
 3104.101 W 4:30-5:15pm 1/12-2/9  
 3104.102 W 4:30-5:15pm 2/23-3/23  
 3104.103 W 4:30-5:15pm 4/6-5/4

## Primary Ballet Ages 6-8 (5 & 11 Classes)

Dancers will learn ballet technique in a supportive atmosphere. Each class will incorporate barre and center exercises, steps, turns and movement combinations across the floor, stretching and free dancing. Session 2 includes our annual recital. Children will learn and practice special dances that they will perform on stage May 21. New students must get the instructor's permission to enroll. Students should not change their class level without permission from the instructor. All students must be registered and have paid their \$45.00 costume fee to the instructor no later than Feb.15. For questions regarding your child's level or ability please call the instructor, Matrisha at 415-722-8281. No class 1/17, 4/19.

Location: Recreation Center Meeting Room  
 Instructor: Matrisha Person  
 Cost: \$58 Resident, \$73 Non-resident  
 2103.110 M 3:30-4:30pm 1/10-2/14  
 Cost: \$138 Resident, \$153 Non-resident  
 Costume Fee: \$45 payable to teacher by 2/15  
 2103.111 M 3:30-4:30pm 2/28-5/16  
 Tuesday Rehearsal Session (required for recital participants)  
 Cost: \$50 Resident, \$63 Non-resident  
 2103.112 T 4:30-5:30pm 4/5-5/17

## Tap Dance for Children (7 classes)

Students will learn tap techniques as well as combinations and routines. Classes will help develop your child's balance, coordination and rhythm in a fun setting. Tap shoes and dance attire are required (NO STREET CLOTHES). Students must have instructor consent to enroll in Level I or Level II. Ages 4-16. No class 4/16, 4/23 & 4/30.

Cost: \$72 Resident, \$87 Non-resident (Level 2 class only),  
 \$59 Resident, \$74 Non-resident (all other levels)

Instructor: Carol Costakis  
 Location: Recreation Center Meeting Room

### Introduction

3100.101	4-8yr	Sat	10:45-11:10am	1/15-2/26
3100.102	4-8yr	Sat	10:45-11:10am	3/26-5/28
3100.103	9-16yr	Sat	11:30-11:55am	1/15-2/26
3100.104	9-16yr	Sat	11:30-11:55am	3/26-5/28

### Level 1\*

3100.105	4-7yr	Sat	10:00-10:40am	1/15-2/26
3100.106	4-7yr	Sat	10:00-10:40am	3/26-5/28
3100.107	8-16yr	Sat	12:00-12:35pm	1/15-2/26
3100.108	8-16yr	Sat	12:00-12:35pm	3/26-5/28

### Level 2\*

3100.111	7-10yr	Sat	9:15-9:55am	1/15-2/26
3100.112	7-10yr	Sat	9:15-9:55am	3/26-5/28

\*Need instructor consent to enroll.



# Teen Classes & Programs

## Internet Based Driver Education

Driver education is a California-required course for teens to receive a driver's license. It is the first step that must be taken so the teen can receive a driver's permit. The course includes much parental involvement and is fun, interactive and educational. Course work can be completed at any time of the day or night. Students may choose from an internet course or a home study course. DMV-accepted completion certificates issued upon successful completion of the course. Class does not include behind the wheel driving. Once you register for the class, you will be notified by e-mail within 48 hours with an access code. You can register at any time and complete the course at the student's pace. Home study course includes printed materials. Ages 14-18.

Instructor: Self Taught - Allgood Education Corp

Location: Internet

Day/Time: Available 24 hours a day

Cost: \$81 Resident, \$96 Non-resident

4210.101 Internet

Cost: \$96 Resident, \$111 Non-resident

4210.102 Home Study Course

## Homewood Ski/Snowboarding Trip!

Join the San Bruno Recreation Center staff for a fun-filled day on the slopes at Homewood Ski/Board Resort in beautiful West Shore Tahoe! Teens ages 13-18 are welcome! Sit back and enjoy a great day in the snow! We'll provide the transportation, lift tickets, and a continental breakfast. Additional information will be given prior to the trip and parents must complete an emergency form. We prefer that teens rent their equipment prior to the trip because a credit card is needed for ski/snowboard rental. Rent your equipment at Sequoia Skateboards & Ski Shop and receive a 10% discount, 1500 El Camino Real, San Bruno.

Cost: \$70 YAC Member, \$85 Non-YAC Member (includes transportation, lift ticket & continental breakfast)

Instructor: Recreation Staff

Location: Pool Parking Lot & Homewood Ski/Board Resort

4505.101 Sat Time TBD 1/29

## Pre-Prom Boot Camp (1 Class)



### Do your manners match your image?

To do list: Rent the tux, buy the dress, reserve the limo, and add some style and sophistication. What you wear is an expression of who you are. How you act determines how you'll be treated. Discover how to properly greet parents, limo vs. driving, when your 'date' cancels, and deciding who pays. We'll also talk about using the four forks, where to place your napkin, foods to avoid, how to get the server to pay attention to you, and potential awkward situations. Wait, there's more: tips for guys to become smooth and charming, and tips for girls to become even more enchanting and poised. Make this, and all future occasions memorable. Learning about etiquette doesn't have to be boring! Note to parents: When discussing "awkward situations", alcohol and illegal substances will be briefly mentioned. I will present lawful, courteous and respectful options to consider when confronted with rude or unpleasant situations. I always defer to the parents' opinions, decisions, and boundaries when presenting these topics. Open to all high school students.

Cost: \$25 Resident, \$31 Non-resident

Location: Recreation Center Conference Room 1

Instructor: Rosalinda Randall, Etiquette Specialist

3200.101 T 7:00-8:30pm 3/22



## Teen Dance

**Feb 4 - Winter Wipeout**

**May 20 - End of the School Year Dance**

Meet up with all of your friends and dance to your favorite songs. Our live D.J. will be there with the latest and greatest songs of the year. Dances are held from 7-9:30pm at the Veterans Memorial Recreation Center. Tickets will go on sale one week before each dance at Parkside Intermediate School and at the Recreation Center. Tickets are \$7 pre-sale, \$10 at the door. Student ID cards will be checked at the door. The dances are not school sponsored or PTA events. We'll also sell glow necklaces for only \$2.00. Call Dee @ 616-7183 for more information. Don't Miss Out!

# After School Adventures

## "Going Beyond the Bell!"

### Allen Road Runners

Grades: 2<sup>nd</sup> through 6<sup>th</sup> grade  
 Times: M, T, W, & F: 2:45-6:00pm  
 & Th: 1:20-6:00pm  
 Instructors: Recreation Leaders  
 Location: 'The Roadrunner's Perch'  
 (Allen School Room # 12)

Dates	Cost	Allen Road Runners
January	\$125	3651.101
February	\$125	3651.102
March	\$125	3651.103
April	\$125	3651.104
May	\$125	3651.105
June	\$50	3651.106

### Belle Air Bears

Grades: 1<sup>st</sup> through 6<sup>th</sup>  
 Times: M, T, W, & F: 2:25-6:00pm  
 & Th: 1:05pm-6:00pm  
 Instructors: Recreation Leaders  
 Location: 'The Bears Den'  
 (Belle Air Firehouse)

Dates	Cost	Belle Air Bears
January	\$125	3652.101
February	\$125	3652.102
March	\$125	3652.103
April	\$125	3652.104
May	\$125	3652.105
June	\$50	3652.106

### Portola Pandas

Grades 3<sup>rd</sup> through 6<sup>th</sup> grade  
 Times: M, T, W, & F: 2:45-6:00pm  
 & Th: 1:15pm-6:00pm  
 Instructors: Recreation Leaders  
 Location: 'Portola Tree House'  
 (Portola Performing Arts Center)

Dates	Cost	Portola Pandas
January	\$125	3653.101
February	\$125	3653.102
March	\$125	3653.103
April	\$125	3653.104
May	\$125	3653.105
June	\$50	3653.106

### Rollingwood Bulldogs

Grades: 3<sup>rd</sup> through 6<sup>th</sup>  
 Times: M, T, W, & F: 2:35-6:00pm  
 & Th: 1:25pm-6:00pm  
 Instructors: Recreation Leaders  
 Location: 'Dog House'  
 (Cafeteria/Auditorium/Rm 14)

Dates	Cost	Rollingwood Bears
January	\$125	3654.101
February	\$125	3654.102
March	\$125	3654.103
April	\$125	3654.104
May	\$125	3654.105
June	\$50	3654.106

Please Note: There will be no 'After School Adventures' on school holidays or teacher in service days. Winter, Spring, and Summer Day Camp Programs are available during the school sessions breaks.

For questions please call Dee at (650) 616-7183.

The San Bruno Community Services Department's Recreation Division is offering an After School Program developed in cooperation with the San Bruno Park School District (since 2002). We will offer the program at Allen, Belle Air, Portola and Rollingwood Schools.

'After School Adventures' features new ideas and activities in after school programming. We will continue to provide quality supervision, snacks, as well as forty-five minutes of homework/silent reading time, creative projects, sports, theme weeks, and special events for your child.

We must maintain a safe leader to child ratio and therefore each location has a maximum enrollment of 30 children. Please register by the 27th of every month or a \$20 late fee will apply. child in our program. You may register at the Recreation Center, the program site, or online at [www.sanbruno.ca.gov](http://www.sanbruno.ca.gov)

All children must have an updated 2010-2011 school year health form on file with the Recreation Services Division. Additional information about our program can be seen in our parent handbook available at the Recreation Center or at the school sites.



# Elementary School Sports

## Youth Basketball League

(2<sup>nd</sup>-3<sup>rd</sup> Graders & 4<sup>th</sup>-5<sup>th</sup> Graders)

The 5 on 5 basketball league is open to all boys and girls attending 2nd-5th grade. Practices will be held at Elementary School sites after school (roughly 3:00pm) two days a week. Games will be played on Saturday mornings at San Bruno Recreation Center Gym. Practice days will be determined based on coach schedule and school registrations. Deadline to register is Friday, January 7<sup>th</sup>. Participants will be notified of practice days by January 14<sup>th</sup> and actual practices will begin the week of January 18<sup>th</sup>. The season runs until the middle of March.

**Deadline to register is Friday, January 7th.  
Teams are limited to 12 participants so register early!**

Cost: \$65 Resident or \$60 with 2010 Flag Football Jersey

Location: Elementary Schools

Instructors: Volunteer Coaches and Recreation Leaders

2<sup>nd</sup> & 3<sup>rd</sup> Grade:

3422.101 Allen  
3422.102 Belle Air  
3422.103 Crestmoor  
3422.104 El Crystal  
3422.105 John Muir  
3422.106 Portola  
3422.107 Rollingwood  
3422.108 St. Roberts

4<sup>th</sup> & 5<sup>th</sup> Grade:

3422.109 Allen  
3422.110 Belle Air  
3422.111 Crestmoor  
3422.112 El Crystal  
3422.113 John Muir  
3422.114 Portola  
3422.115 Rollingwood  
3422.116 St. Roberts



**Interested in coaching? Call Jennie at 650-616-7184.**

Our youth sports program philosophy is for the children to play and have fun in a safe environment, display good sportsmanship and improve their skills. Each coach will focus on teaching skills, sportsmanship and having fun.



**6th Grade Basketball begins in Mid January through the North County Recreation League (N.C.R.L.). Registration information available through the Recreation Center as well as through flyers in the 6th grade classrooms. Call Danielle at 650-616-7182 if you have further questions.**



# Adult Enrichment Classes

## Adult Intro to Ice Skating (6 classes)

You can have fun learning how to ice skate while getting some exercise too! Basic skating skills will be covered in these six-week courses. Class fee includes one-half hour lesson, skate rental and practice time immediately following each lesson. Be sure to dress warmly and wear thick socks. Please be sure to arrive 15 minutes prior to lesson to check-in and get skates on. Ages 16-over.

Cost: \$65 Resident, \$80 Non-resident

Location: San Mateo Ice Center, 2202 Bridgepointe Parkway, San Mateo

Instructor: Ice Center Staff

5400.101	Th	7:00-8:00pm	1/6-2/10
5400.102	Th	7:00-8:00pm	3/3-4/7
5400.103	Th	7:00-8:00pm	4/14-5/19

## Aikido For Beginning Adults (Coed) (12 classes)

Aikido is a Japanese martial art. The techniques of Aikido emphasize redirecting the energy and force of an assailant's attack in order to subdue him. Aikido increases stamina, improves coordination and stresses non-aggression and harmony with your partner. In addition, Aikido is an excellent means of physical exercise and effective self-defense. Call (650) 872-2968 for information. Ages 14-over.

Cost: \$91 Resident, \$106 Non-resident

Location: Tanforan Professional Center, 1405 B Huntington, SSF

Instructor: Masatoshi Morita

5406.101	MWF	10:00-11:00am	1/10-2/7
5406.102	T,W,Th	7:00-8:00pm	1/11-2/3
5406.103	MWF	10:00-11:00am	2/9-3/9
5406.104	T,W,Th	7:00-8:00pm	2/8-3/3
5406.105	MWF	10:00-11:00am	3/14-4/8
5406.106	T,W,Th	7:00-8:00pm	3/8-3/31
5406.107	M,W,F	10:00-11:00am	4/11-5/6
5406.108	T,W,Th	7:00-8:00pm	4/5-4/28
5406.109	T,W,Th	7:00-8:00pm	5/3-5/26

## Aikido for Beginning Adult Women (4 classes)

Aikido is a Japanese martial art. The techniques of Aikido emphasize redirecting the energy and force of an assailant's attack in order to subdue him. Aikido increases stamina, improves coordination and stresses non-aggression and harmony with your partner. In addition, Aikido is an excellent means of physical exercise and effective self-defense. Ages 13-over.

Cost \$67 Resident, \$82 Non-resident

Location: Tanforan Professional Center, 1405 B Huntington, SSF

Instructor: Sue Gorte

5406.110	M	7:00-8:00pm	1/10-2/7
5406.111	M	7:00-8:00pm	2/14-3/14
5406.112	M	7:00-8:00pm	3/21-4/11
5406.113	M	7:00-8:00pm	4/18-5/9

## Individual Tennis Lessons

Learn new strokes or improve your old ones through individualized lessons. For all ages, beginners to advanced. Please visit [WhitlingerSarsfieldTennis.com](http://WhitlingerSarsfieldTennis.com) for contact information. Only checks payable to SAN BRUNO RECREATION will be accepted (no cash or credit card payments will be accepted). Payment for lesson(s) must be given to instructor at the time of your first lesson.

Instructor: Stanford Coach John Whitlinger & USPTA Pro Tom Sarsfield's Staff

Location: San Bruno City City Park Tennis Court #1

Fee: \$60 Resident, \$70 Non-resident (one hour)

\$160 Resident, \$175 Non-resident (3 hours)

Add \$5 per hour for each additional person

Code: 5402.109 (one hour)

5402.110 (3 hours)

## Tennis Lessons (6 classes)

Six hours of instruction for adult/youth classes of three to eight students. Classes of two students will be converted into four one-hour lessons. In case of rain, check with the instructor at the court. NO POSTPONEMENT ANNOUNCEMENT WILL BE GIVEN OVER THE PHONE. If at anytime the instructor is absent, report to the next scheduled lesson for makeup date. Unless notified otherwise, any makeup(s) due to postponement (i.e. rainouts) will be held on the next available normal meeting day following the session. However, Fridays may be used at the instructor's discretion.

Cost: \$69 Resident, \$84 Non-resident

Location: San Bruno City Park Tennis Court #1

Instructor: Whitlinger & Sarsfield Tennis Staff

## Novice/Low Intermediate

5402.101 15-over Sat 9:00-10:00am 4/9-5/14

5402.102 9-14yrs Sat 10:00-11:00am 4/9-5/14

## Special Needs

### Wednesday Social Event Night

Looking to socialize with other Special Needs teens and adults? Wednesday nights at the Veterans Memorial Recreation Center is the place to be! Each Wednesday from 7:00-9:00pm, we do various activities that may include leaving the Recreation Center. Please call Jennie at 616-7184 and leave your address to receive a newsletter and obtain more information about our events.

# Adult Enrichment Classes

For additional information regarding the  
**Adult Sports Leagues,**  
contact Danielle at 650-616-7182.

## Adult Spring Softball

The Spring Softball League will begin play in April. Teams will play a eight game schedule with the top four teams advancing to a single elimination playoff. Each league will be limited to five teams. Registration packets are available at the San Bruno Recreation Department. Ages 18 & over or high school graduate.

Registration Deadline: Tuesday, March 1

Tentative League Dates: April 5-June 14

League Nights:

Monday - Recreational Coed (5450.101)

Tuesday - Men's C (5450.102)

Wednesday - Men's D (5450.103)

Friday - Men's D (5450.105)

Tentative Game Times: 8:00pm & 9:00pm

Location: Lion's Field

League Fee: \$760 per team (discount of \$60 if you have 5 San Bruno residents or more)

## Women's Weight Training (16 Classes)

Whether you are 18 or 80, you never outgrow the need to exercise and stay fit. Strengthen, tone and shape your muscles through a variety of resistance training exercises. Workouts can be adjusted to fit your individual goals. This is a serious weight training and body building program and is recommended for anyone who is serious about getting and staying in shape. Ages 18-over.

Cost: \$46 Resident, \$57 Non-resident

Lab Fee: \$15 payable to instructor at 1<sup>st</sup> class

Location: Recreation Center Meeting Room & Exercise Room

Instructor: Kristin Allen

5904.101 T&Th 5:30-6:45pm

1/11-3/3

5904.102 T&Th 5:30-6:45pm

3/22-5/12

## Yoga (7 Classes)

Yoga means union and is designed to assist in integrating mind, body and spirit. Each yoga posture not only helps us to relax, strengthen and tone, but also aids in opening major energy centers. Over time, many of us build up and hold blocked energy within, creating tension, stress and disease, which limits us from vibrating at our highest level. Take time for yourself and join this non-competitive, relaxing and life-giving environment. No previous experience is necessary. Please bring a mat or towel. It is best not to eat prior to class. No class 1/17 & 2/21. Ages 15-over.

Cost: \$65 Resident, \$80 Non-resident

Drop In: \$12 Resident, \$15 Non-resident

Location: Recreation Center Meeting Room

Instructor: Linda Russell

Session 1

5601.101 M 7:15-8:45pm

1/3-2/14

5601.102 M 7:15-8:45pm

Drop In

Session 2

5601.103 M 7:15-8:45pm

2/28-4/4

5601.104 M 7:15-8:45pm

Drop In

Session 3

5601.105 M 7:15-8:45pm

4/11-5/23

5601.106 M 7:15-8:45pm

Drop In

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## Instructors Wanted

Do you have a special talent or skill that you want to teach others? The Recreation Division is looking for instructors to teach new classes. Email us with your teaching interest at:

dbrewer@sanbruno.ca.gov (adult classes)

jtucker@sanbruno.ca.gov (youth classes)

# Adult Enrichment Classes

## Fitness Boot Camp (varies)

Come join this fun fast paced, high intensity exercise class. We will work on improving cardio vascular endurance, strength and flexibility using calisthenics, free weights, medicine balls, agility ladders, stairs and more. You **WILL** see results all while having a great time in a supportive group atmosphere. Open to all fitness levels. Babies in strollers welcome. Bring a mat, water and a towel. No class 1/17, 2/11, 2/21, 4/8. Ages 18-over. Under 18 ok with parent permission.

Instructor: Traci Dos Santos

Location: San Bruno Park & Community Center

Cost: \$95 Resident, \$110 Non-resident (9 Classes)

5419.101 M,W,F 8:30-9:30am 1/10-1/31

Cost: \$105 Resident, \$120 Non-resident (10 Classes)

5419.102 M,W,F 8:30-9:30am 2/2-2/28

Cost: \$137 Resident, \$152 Non-resident (13 Classes)

5419.103 M,W,F 8:30-9:30am 3/2-3/30

Cost: \$126 Resident, \$141 Non-resident (12 Classes)

5419.104 M,W,F 8:30-9:30am 4/1-4/29

Cost: \$126 Resident, \$141 Non-resident (12 Classes)

5419.105 M,W,F 8:30-9:30am 5/2-5/27

## Compost Workshop (1 class)

The County of San Mateo Master Composting Volunteers will provide a workshop to the public to educate and demonstrate how to compost and worm compost. Each class is 2 hours long (will cover the same material) and since the instructors are volunteers there may be different instructors for different days. All volunteer Master Composters have completed an intensive Master Composter Training Program of 20 initial hours and monthly in-service training. Ages - All Welcome!

Pre-registration for this class is desired. In the case of no enrollment, class will be cancelled two days prior to the meeting date.

Cost: Free

Location: Recreation Center Conference Room 2

Instructor: County of San Mateo Master Composters

5205.101 Sat 9:30-11:00am 1/22

5205.102 T 6:30-8:00pm 3/8

5205.103 Sat 9:30-11:00am 4/16

5205.104 T 6:30-8:00pm 5/17

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# Adult Enrichment Classes

## American Line Dancing as Low Impact & Low Intensity Exercise Program (8 Classes)

Line dancing is for fun and for exercise. Open to all adults that enjoy dancing! Get lively, move with confidence, and stay fit while having fun with or without a partner. Learn the various forms of American Line Dancing (e.g. Slide, Country Line, Flowing Waltz, Boogie, Cha-Cha, Tango, Rumba, Foxtrot, Salsa Shuffle, Mambo, Samba, Shimmy, Bachata, Jive and more). You will be surprised by the variety of music we dance to.

### Level 1

This session is for beginners who would like to learn the basics in various forms of line dances, typically described as having slower tempo, fewer steps, and minimal turns. Level 1, however, is still a very good form of low-impact exercise open to everyone. No class 2/17, 4/28. Ages 18-over.

Cost: \$50 Resident, \$63 Non-resident

Drop In Fee: \$10 Resident, \$13 Non-resident

Location: Recreation Center Community Room

Instructor: Allen Isidro

5107.101	Th	6:30-7:30pm	1/13-3/10
5107.102	Th	Drop In	1/13-3/10
5107.103	Th	6:30-7:30pm	3/24-5/19
5107.104	Th	Drop In	3/24-5/19

### Level 2

This session is for intermediate students who would like to get more applied knowledge in various forms of line dances, typically described as having faster tempo, more steps, and involving various turns and formations. In most cases, level 2 is a progression from the level 1 music and dance selection. No class 2/17, 4/28. Ages 18-over.

Cost: \$50 Resident, \$63 Non-resident

Drop In Fee: \$10 Resident, \$13 Non-resident

Location: Recreation Center Community Room

Instructor: Allen Isidro

5107.105	Th	7:30-8:30pm	1/13-3/10
5107.106	Th	Drop In	1/13-3/10
5107.107	Th	7:30-8:30pm	3/24-5/19
5107.108	Th	Drop In	3/24-5/19

## Salsa Dance Workshop "Let's Dance"

(8 Classes)

Learn the rhythms and movement of Salsa music. Each class covers different patterns in a supportive environment. Add some Salsa to your life! No class 2/19. Ages 13-over.

Cost: \$116 Resident, \$131 Non-resident

Location: Vibo Music Center, 488 San Mateo Ave.

Instructor: Yaremys Kilday

5117.106	Sat	5:00-6:00pm	1/15-3/12
5117.107	Sat	5:00-6:00pm	3/19-5/7

## Belly Dance (8 Classes)

Are you tired of Aerobics or don't find Jazzercise very creative? Try Belly Dance! A dance with ancient origins, it is not only great exercise, but also is highly individualistic, allowing each dancer to develop her own unique style. Instruction includes dance styles from Egypt (Cabaret, Ghawazee, Saidi), Tunisia, Morocco, Turkey, Persia and Afghanistan. The course, for beginning through advanced teens and adults, will also include instruction in costuming techniques appropriate to each style. Bring three yards of sheer 45 inch wide fabric and a set of four finger cymbals. Ages 13-over. Females only.

Cost: \$48 Resident, \$60 Non-resident

Location: Monte Verde Elementary School, 2551 St. Cloud Dr.

Instructor: Nancy Hernandez

5106.101	M	7:00-9:00pm	1/10-3/14
5106.102	M	7:00-9:00pm	4/4-5/23

## Social Ballroom Dance (6 classes)

When you go to dance, do you envy those couples gliding around the floor? Join the beginning class and learn the basics in the Samba, Rumba, Cha Cha, Waltz, Foxtrot, Swing, Mambo, Tango and more. The Intermediate Class is a continuation of instruction from the Basic Class with the addition of NEW and advanced steps with emphasis on styling in all the dances. One basic series required before attending Intermediate Class. New intermediate steps every series. FOR COUPLES ONLY. Ages 16-over.

Cost: \$95 Resident, \$110 Non-resident (per couple)

Location: Forest Hill Christian Church,

250 Laguna Honda Blvd. SF

Instructor: Bart & Judy Lewis

5105.101	Beg	Th	7:30-8:30pm	1/13-2/17
5105.102	Inter	Th	8:30-9:30pm	1/13-2/17

## Stress Reduction and Energetic

### Fitness for Adults (8 classes)

In this class, you will learn simple yet effective techniques that will reduce high blood pressure, increase blood circulation, and increase muscular strength. The techniques and exercises are a combination of Tai Chi (low impact movement), Chi Gong (breathing exercises and the usage of sound for healing), and other philosophical traditions (meditations and exercises to increase focus and reduce internal dialogue). Each week, you will enter an adventure in learning how to relieve the mind, body, and internal organs of everyday stress, and to create within yourself your own energy resource program! Ages 18-over.

Cost: \$84 Resident, \$99 Non-resident

Location: Vibo Music Center, 488 San Mateo Ave., SB

Instructor: Anthony Michael Peterson

5117.109	F	7:00-8:00pm	3/25-5/13
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# Adult Enrichment Classes

## **Zumba (10 classes)**

Zumba is a dance fitness class that incorporates Latin and international music and dance moves. It's a great way to burn some calories while having fun. Class will include dance moves such as Cumbia, Salsa, Samba, Reggeaton and more. No dance experience needed. Ages 18-over.

Cost: \$96 Resident, \$111 Non-resident

Location: Recreation Center Meeting Room

Instructor: Karen Ojakian

5909.101	MW	12:00-1:00pm	1/10-2/14
5909.102	MW	12:00-1:00pm	2/16-3/23
5909.103	MW	12:00-1:00pm	3/28-4/27
5909.104	Th	7:00-8:00pm	1/13-3/17
5909.105	Th	7:00-8:00pm	3/24-5/26



## **Conversational Chinese Mandarin (10 Classes)**

This course focuses on the abilities to speak Mandarin Chinese with native speakers. Lessons include vocabulary, pronunciation, inflection, casual and business communications and cultural insights. The Western alphabet Pinyin and simplified characters will be introduced along with audios, visuals and exercises from the internet. Ages 17-over.

Cost: \$104 Resident, \$119 Non-resident

Lab Fee: \$42 payable to instructor at first class, includes a textbook, workbook and 3 CDs

Location: Recreation Center Conference Room 1

Instructor: Qing Cai

5531.101	Th	6:00-8:00pm	1/13-3/17
5531.102	Th	6:00-8:00pm	3/24-5/26

## **Instant Piano Workshop (1 class)**

If you yearn to experience the joy of playing piano, but you don't want years of weekly lessons, this short course is for you. In just a few hours you can learn enough secrets of the trade to make piano playing a part of your life. How is it done? Typical piano lessons teach you note reading, but piano professionals use chords. You will learn all the chords needed to play any pop song in this one session: any song, any style, any key. And you'll get a healthy dose of insider secrets. If you already know your way around a keyboard a little, you know enough to enroll in this workshop. Ages 18-over.

Cost: \$50 Resident, \$63 Non-resident

Lab Fee: \$25 payable to instructor at class

Location: Vibo Music Center, 488 San Mateo Ave., SB

Instructor: Robert Laughlin

5117.108	M	6:00-9:30pm	4/4
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## **Wedding Day Workshop Bride, Groom, Wedding Party (1 class)**

Make your first meal together as husband and wife one that you will remember. This day signifies a new beginning. The memories of this day will be viewed by you, your family and friends for years to come. Make it flawless. Sitting and rising from your chair properly, tips on posture, and entering the room. These as well as, how to properly hold a glass, tapping of the glass, and toasting will be discussed. You will also become acquainted with the American and Continental styles of eating, foods to avoid, elbows or no elbows on table, napkin use, the difficult guest...and many other details. Possessing these essential skills will allow you to enjoy this, as well as all future occasions with confidence and style. This small investment will allow you to enjoy and focus on your guests, music, and the meal without apprehension. Rosalinda Randall, Etiquette Consultant, has been presenting her etiquette programs over twelve years to children, teens, and adults. She was trained and certified by The Protocol School of Washington®. Ages 18-over.

Cost: \$45 Resident, \$56 Non-resident (includes all materials)

Location: Recreation Center Conference Room 1

Instructor: Rosalinda Randall, Etiquette Specialist

5207.101	Sat	2:00-4:00pm	2/5
5207.102	T	7:00-9:00pm	5/3

## **Chinese Martial Arts Kung Fu (5 classes)**

In this class, students will learn fundamental building blocks that will help develop skills required in more advanced levels of Kung Fu training. Learn the origin of Chinese Martial Arts, customs and philosophies, and in turn develop a respectful attitude toward others and themselves. Students will learn basic stances, punches, footwork, practical self-defense techniques, and a Northern Shao-Lin form. Uniform and equipment may be purchased from instructor. Students signing up for Beginner II must have completed the Beginner I class and permission from Instructor. Ages 10-17.

Cost: \$70 Resident, \$85 Non-resident

Location: Monte Verde School, 2551 St. Cloud Dr.

Instructor: Robert Louie & Herb Leung

Beginner I

5401.101	F	6:45-7:45pm	1/14-2/11
5401.102	F	6:45-7:45pm	2/18-3/18
5401.103	F	6:45-7:45pm	3/25-4/22
5401.104	F	6:45-7:45pm	4/29-5/27

Beginner II

5401.105	F	7:45-8:45pm	1/14-2/11
5401.106	F	7:45-8:45pm	2/18-3/18
5401.107	F	7:45-8:45pm	3/25-4/22
5401.108	F	7:45-8:45pm	4/29-5/27

# Adult Enrichment Classes

## Creative Ceramics (8 classes)

Here's your chance to make individualized gifts for those special friends. Our new kiln is here and we will be trying some experimental glazes in a controlled firing. Our glazes are oven and microwave safe as well as food safe. The class is open to beginners and advanced students. Coil, pinch and slab work will be covered wheelwork introduced. Create your own casserole dishes, platters, mugs and sculptures with microwaveable - lead free glazes. Learn hand work as well as wheel throwing, slab, coil and sculpture introduced. Lab fee covers cost of glaze and firing. Clay is available at cost. Wear your old clothes or smocks! Ages 15-over.

Cost: \$46 Resident, \$57 Non-resident

Lab Fee: \$10 payable to instructor at first class

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

5002.101	T	6:30-9:15pm	1/11-3/1
5002.102	W	9:30-11:45am	1/12-3/2
5002.103	T	6:30-9:15pm	3/15-5/3
5002.104	W	9:30-11:45am	3/16-5/4

## Porcelain Dolls (8 classes)

Create a doll for someone special and a gift that can be treasured forever. Complete a doll of your choice in porcelain. After using our molds, you will be instructed in cleaning and finishing techniques as well as china painting to decorate dolls. A wide variety of dolls will be reproduced, antique as well as new modern dolls are available from 2" to 36". Supplies, greenware, china paints and tools purchased separately from instructor. Ages 15-over.

Cost: \$36 Resident, \$44 Non-resident

Lab Fee: \$10 payable to instructor at first class

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

5001.101	T	6:30-9:15pm	1/11-3/1
5001.102	W	9:30-11:45am	1/12-3/2
5001.103	T	6:30-9:15pm	3/15-5/3
5001.104	W	9:30-11:45am	3/16-5/4



50+ Ceramic classes & Oil Painting offered at the Senior Center by the San Mateo Adult Education. For more information see 50+ pages or contact the Senior Center at 650-616-7150.



## San Bruno Lions We Serve

Please support your local  
Lions Club activities.

All proceeds go back into  
our community!

*Make a difference, become a Lion.*

*Contact Dave at 650-619-2486.*

*Paid Advertisement*

## Sketching, Painting & Watercolor (8 classes)

Sketching and drawing will be done using the "Right Side of the Brain" techniques, which encourages an original and inspirational approach. Students will learn how to handle water interactive, spontaneous, fresh way, techniques of watercolor will be covered. Emphasis on color blending, values building and composition will also be covered. Please bring any brushes, sketchbooks and watercolor paper you will need. Brushes are also available through the instructor at a minimal cost. This class is open to all beginning and intermediate students. Ages 15-over.

Cost: \$38 Resident, \$47 Non-resident

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

5004.101	T	6:30-9:15pm	1/11-3/1
5004.102	W	9:30-11:45am	1/12-3/2
5004.103	T	6:30-9:15pm	3/15-5/3
5004.104	W	9:30-11:45am	3/16-5/4

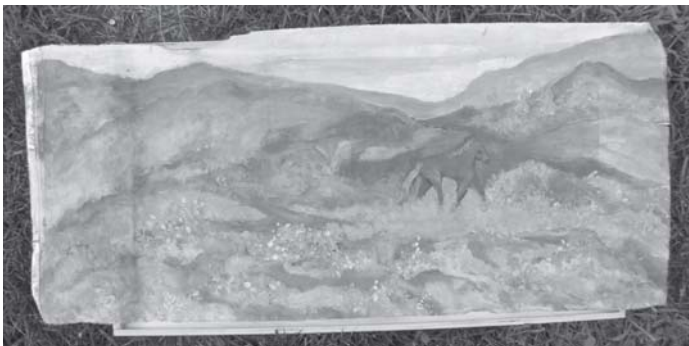


# Adult Enrichment Classes

## Fused Glass Jewelry (6 classes)

Continuing students will always learn something new in this class. New MICROWAVE KILNS ARE NOW AVAILABLE AND INEXPENSIVE so once you learn the basics you can do this rewarding art form at home. Advanced students will explore inclusions, enamels, milliflorii and much more. Come and learn the beautiful and extraordinary art of glass fusion from professional artist Charna Conway! After completing this course, you will not only come away with a sun catcher, pendant, earrings and a pin, but the basic knowledge of FUSING GLASS. All of your tools and supplies will be provided. Once you learn this beautiful art form you will be amazed at what you can create. What a wonderful BONDING EXPERIENCE to do with your child! All projects will be fired by instructor. Class sizes are limited so sign up early! Ages 13-over. Children over 8 can sign up with a supervising adult or any child that has made glass with Charna in the past. No class 1/17 & 2/21.

Cost: \$90 Resident, \$105 Non-resident  
 Lab Fee: \$35 payable to instructor, includes glass and firing  
 Instructor: Charna Conway  
 Location: Recreation Center Ceramics Studio  
 5015.106 M 10:00am-12:00pm 1/10-2/28  
 5015.107 M 7:00-9:00pm 1/10-2/28



## Learn to Paint on Fabric! (4 classes)

Make a one of a kind beautiful pillow for your couch or love seat, or dress an old jean jacket in this special four-session class. Professional artist and designer Charna Conway's unique teaching techniques will enable students to create magic while learning the art of fabric painting. This useful art form can change an old wardrobe into a new one as well as inspire and create new elements for your home. All of your supplies will be provided for you. Ages 13-over. Ages 8 and over with parent participation.

Cost: \$55 Resident, \$69 Non-resident  
 Lab Fee: \$20 payable to instructor at first class  
 Instructor: Charna Conway  
 Location: Recreation Center Ceramics Studio  
 5015.110 W 6:00-7:30pm 1/19-2/9  
 5015.111 W 6:00-7:30pm 4/13-5/4

## Fused Glass Workshop (4 classes)

Come in and find out what glass fusion is all about. In this workshop you will learn the fundamentals of glass fusion and make a fused glass project as well. Learn the entire basis as well such as glass cutting and grinding and other skills necessary to create fused glass. You may sign up for one of the workshops or take all four and complete a variety of projects. This is a unique opportunity to experience this expensive medium for a fraction of the cost you will find anywhere else. So come in and see why fused glass is the hottest new craze. Ages 15-over. Ages 8 and over with parent participation.

Cost: \$70 Resident, \$85 Non-resident  
 Drop In: \$20 Resident, \$25 Non-resident  
 Lab Fee: \$40 payable to instructor (\$10 per class)  
 Location: Recreation Center Ceramics Studio  
 Instructor: Charna Conway  
 5015.101 M 9:00-11:00am 3/7-3/28  
 5015.102 M 7:00-9:00pm 3/7-3/28  
 5015.103 Drop In

## Create Beautiful Mosaic Frame or Table top (4 Classes)

Professional artist Charna Conway will teach you all of the mosaic techniques to create your own stunning plant pot for adding color to your home or garden or table top that will stun your friends and family. Students will learn how to cut and shape tile as well as tons of tricks of the trade to make other stunning mosaic projects. All of your mosaic supplies and tools will be provided. Class size is limited so sign up early for this fantastic class. Ages 13-over. Ages 8 and over with parent participation.

Cost: \$75 Resident, \$90 Non-resident  
 Lab Fee: \$20 and more for a large project. Payable to instructor  
 Location: Recreation Center Ceramics Studio  
 Instructor: Charna Conway  
 5015.112 M 9:00-11:00am 4/4-4/25  
 5015.113 M 7:00-9:00pm 4/4-4/25

**COLDWELL BANKER**  
**OPTIMA REALTY**

EDUARDO FINONES  
 Broker Associate,  
 DRE License # 01075996

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 South San Francisco, CA 94080

(650) 246-8800 Office  
 (650) 246-8802 Fax  
 (650) 224-7780 Cell



Paid Advertisement

# Adult Enrichment Classes

## Cake Decorating~ (5 Classes)

In this class you will learn the basics of cake decorating and more! This class will cover everything you need to get started decorating cakes that will impress you, your friends and family. We will learn to make roses, level a cake, make icing, make decorative strokes such as stars, shells, leaves, stems and clowns. After the first week students will need to bring icing as well as a cake or cupcakes to decorate. Ages 16-over.

Cost: \$55 Resident, \$69 Non-resident

Lab Fee: \$40 payable to instructor for cake decorating kit

Location: Recreation Center Tiny Tots Room

Instructor: Christine Hopkins

5024.101 W 6:30-8:30pm 1/12-2/9

5024.102 W 6:30-8:30pm 3/23-4/20

## New Cake Decorating II~ (5 Classes)

This class is for those wanting to expand their cake decorating skills. We will work with fondant, gum paste, royal icing, color flow and buttercream. We will learn techniques that will take your cakes beyond ordinary. This class is for those with knowledge of the skills taught in Cake Decorating I. If you have any questions, please contact the instructor at hopkinsce@yahoo.com. Ages 16-over.

Cost: \$55 Resident, \$69 Non-resident

Lab Fee: \$40 payable to instructor for cake decorating kit

Location: Recreation Center Tiny Tots Room

Instructor: Christine Hopkins

5024.103 W 6:30-8:30pm 2/16-3/16

5024.104 W 6:30-8:30pm 4/27-5/25

## Fun Part-Time Jobs (1 class)

Get paid to sample food, to dine out, for your opinions, to shop, to go bowling, to work out in a gym, to be in a movie or TV, to share your hobby, and many more! No age limit, no education or experience required. Instructor Dan Tilles has done them all and will tell you who hires, how to apply, what they pay and everything else you need to know to make money having fun. Ages 18-over.

Cost: \$27 Resident, \$34 Non-resident

Lab Fee: \$1 payable to instructor at class

Location: South San Francisco Municipal Building, 33 Arroyo Dr.

Instructor: Dan Tilles

5204.101 Th 7-9:30pm 2/10

## Valentine Gifts and Treats (1 Class)



### Children welcome to this class!

In this fun class, we will make a variety of Valentine themed items. These are great for friends and family! We will make some cute valentines, some flowers from paper, cute jewelry, and more. You will leave this class with several finished items, and the knowledge to do more at home. All of these projects are quick, easy and fun. All can be made by adults and children.

Cost: \$20 Resident, \$25 Non-resident

Lab Fee: \$10 payable to instructor at class

Location: Tiny Tots Room

Instructor: Christine Hopkins

5024.105 M 6:30-8:30pm 1/24

5024.106 F 2:30-4:30pm 2/18



## Learn to make Soy Candles (1 class)

Do you love candles, and want to learn to make your own? In this class, we will work with soy wax – it is easy to work with, and burns very clean. In this class, you will make a variety of container candles. Several scents and colors will be available to use. These are fun to make, and great for gifts. You will be hooked after this class.

Cost: \$20 Resident, \$25 Non-resident

Lab Fee: \$10 payable to instructor at class

Location: Tiny Tots Room

Instructor: Christine Hopkins

5024.107 M 6:30-8:30pm 1/31

5024.108 M 6:30-8:30pm 2/28

5024.109 F 2:30-4:30pm 3/4

5024.110 M 6:30-8:30pm 4/18

## Instructors Wanted

Do you have a special talent or skill that you want to teach others? The Recreation Division is looking for instructors to teach new classes. Email us with your teaching interest at:

dbrewer@sanbruno.ca.gov (adult classes)

jtucker@sanbruno.ca.gov (youth classes)

# Adult 50+ Travel & Day Trips

San Bruno Senior Center 1555 Crystal Springs Road - 650-616-7150

## Register for the following excursions at the San Bruno Senior Center

### Forever Tango

Wednesday, January 5

**\$117 per person**

Join the San Bruno Senior Center at the internationally celebrated dance spectacular Forever Tango. It features a world renowned cast of dancers and musicians who bring an intoxicating sense of excitement and passion to the stage. Through music, dance and vignettes, the production traces the tango's colorful history from its beginnings in the turn of the century Buenos Aries bordellos to its acceptances into high society. Prior to the show, enjoy a hosted lunch at the Wedgewood at Crystals Springs Golf Club.



### Overnight Reno Trips

Trip includes an overnight stay at the Silver Legacy Hotel in Reno, food coupons and cash bonus. If you have additional questions, please contact Barbara Luzaich at 650-583-6745. Sign up at the San Bruno Senior Center only. Ages 50+

Cost: \$84 per person double occupancy, \$95 per person single occupancy

Days: Sunday & Monday

Dates: 1/30 & 1/31 and 3/27 & 3/28 and 5/22 & 5/23.

Time: 8:00am

Pick Up Location: San Bruno Park Pool Parking Lot

**Want to receive up to the minute information on what is happening in our City? Sign up for the Community Services eNewsletter and get monthly news about what's happening in Library, Parks, Recreation and Senior services. Visit [www.sanbruno.ca.gov/parks\\_main.html](http://www.sanbruno.ca.gov/parks_main.html) and click the sign-up link on the left.**

## Indian Casino Day Trips

Depart San Bruno Park Pool Parking Lot at 8am and travel to an Indian Casino where you will enjoy casino action. Sign up at the San Bruno Senior Center only. Ages 50+

### **Cache Creek - \$32**

Tuesday, January 25

\$5 Match Play, \$5 Table Games, \$2 Food Credit

### **Red Hawk - \$32**

Wednesday, February 23

\$15 casino cash



### **Thunder Valley - \$32**

Wednesday, March 23

\$10 casino cash, \$5 food credit

### **Cache Creek - \$32**

Tuesday, April 26

\$5 Match Play, \$5 Table Games, \$2 Food Credit

### **Red Hawk - \$32**

Wednesday, May 25

\$15 casino cash



# San Bruno Senior Center - Adults 50+

1555 Crystal Springs Road - 650-616-7150

## Art & Special Interests, Exercise, Music & Dance

### Mondays

3-Mile Hike.....	8:15am
*Ceramics .....	9:00am
Zumba Gold.....	9:45am
*A Conversation in the Arts.....	10:00am
Ballroom Dancing (to live music).....	11:00am
Advanced Tap Dance.....	12:30pm
Bridge.....	1:00pm
*The Stories of Our Families, Neighborhoods & Heritage.....	1:00pm
Computer Club.....	1:00pm
BINGO.....	1:10pm
Beginning Tap.....	1:30pm
Jazz Dance.....	2:30pm
*Gentle Pilates.....	3:30pm
*Yoga.....	4:30pm

### Tuesdays

Fun & Fitness Exercise.....	9:00am
Spanish Lessons.....	10:00am
Dance Party - DJ.....	10:30am
Computer Club.....	1:00pm
Ukulele Lessons.....	1:00pm
Ballroom Dance Lessons.....	2:00pm

### Wednesdays

3 Mile Hike.....	8:15am
Advanced Western Line Dancing.....	9:00am
Stained Glass.....	9:30am
Eye Glass Repair....(2 <sup>nd</sup> & 4 <sup>th</sup> Wed).....	10:00am
Ballroom Dance (to live music).....	10:45am
Computer Club.....	1:00pm
*Current Affairs.....	1:00pm
Beginning Western Line Dancing.....	1:00pm
Intermediate Western Line Dancing.....	2:00pm
Men's Haircuts....(1 <sup>st</sup> & 3 <sup>rd</sup> Wed).....	2:45pm
Tai Chi.....	3:15pm
BINGO.....	1:10pm
*Yoga.....	4:30pm
Zumba.....	6:00pm

### Daily Drop In Activities

Puzzles  
Pool Tables  
Cards  
Weekly Pedro Tournaments  
Monday and Friday afternoon Bridge Club  
Lunch & Transportation programs sponsored in part  
by San Mateo County Area Agency on Aging.

### Thursdays

Fun & Fitness Exercise.....	9:00am
Creative Writing.....	10:00am
*Yoga .....	10:00am
*Oil/Acrylic Painting.....	12:30pm
Softball .....	10:30am
Ballroom Line Dancing.....	1:00pm
Coping with Change & Loss Support Group..	1:00pm
Pedro.....	12:00pm
Thursday Night BINGO.....	5:00pm
(sponsored by Non-Profit Nutrition Site Council)	

### Fridays

3 Mile Hike.....	8:15am
Advanced Tap Dance.....	9:00am
Knitting.....	9:00am
Movie (1 <sup>st</sup> Friday).....	9:30am
Music Sing Along (2 <sup>nd</sup> Friday).....	11:00am
Computer Club.....	1:00pm
Bridge.....	1:00pm
Gardening Class.....	1:00pm
BINGO.....	1:10pm
Ping Pong (2 <sup>nd</sup> & 4 <sup>th</sup> Friday).....	1:30pm

### \*Sponsored by San Mateo Adult Education

#### San Mateo Adult Education Programs

Held at San Bruno Senior Center  
All seniors (50+) are invited to participate in all classes.  
Co-sponsored with San Mateo Union High School District. There is a nominal fee for the above co-sponsored programs.

<u>Class</u>	<u>Instructor</u>	<u>Day</u>	<u>Times</u>
Ceramics	Ann Grannis	M	9am
Conversation in Arts	Adam Donovan	M	10am
Stories of Our Heritage	Adam Donovan	M	1pm
Pilates	Stephanie Funk	M	3:30pm
Yoga	Matt McGovern	Cory M & W	4:30pm
Current Affairs	Jack Mather	W	1-2:30pm
Yoga	Rebecca Blake	Th	10:30-11:30am
Painting	Jeri McGovern	Th	12:30-3:30pm

Individual Class Fees range from free to \$5 per class.

Adult Education Classes: \$30 Class Card per course for 65+. \$50 Class Card per course for 50-64 years.

# Adults 50+ Clubs & Services

1555 Crystal Springs Road - 650-616-7150

## Social Service Hotline 1-800-675-ties (8437)

### American Association of Retired Persons (AARP)

Monthly meetings at the San Bruno Senior Center, second Saturday of each month, 9:00am – 12:30pm.



### Computer Club

Membership is open to everyone over 50. We offer classes (including beginners), practice time and coaching. Current information is posted on the Club Bulletin Board in the Center's Conference Room. Questions call (415) 334-3434.

### Blood Pressure Checks

Come have your blood pressure and glucose screened the second Tuesday and last Friday of each month from 9:30-11 am. There is no charge for this service. This program is sponsored by Senior Focus, Mills-Peninsula Health Services and San Mateo County Aging & Adult Services. 60 years and older.

### Health Insurance Counseling and Advocacy Program (Hicap)

Call 1-800-434-0222 to speak to our volunteer health insurance counselor who is available for Tuesday appointments. She will help answer your questions about medicare and health insurance issues including HMO's and Long Term Care.

### Social Services

Susan Mrsny at (650) 616-7155 is available to assist and answer questions pertaining to senior health care, transportation, employment, respite care, tax assistance, social security, insurance, home delivered meals, housing, and more. If you are homebound or know of someone who can use assistance or support, call Susan. There is no charge for this valuable service for San Bruno residents, but donations are accepted.

### Minor Home Repair Program for Senior Homeowners

If you have problems with Screen Doors, Broken Windows, PG&E Weather Stripping or Minor Plumbing Repairs, call North Peninsula Neighborhood Services to see if you qualify for assistance. 650-583-3373

### Help at Home: A Guide to Assist San Mateo County Residents to Remain at Home

The Help at Home guide is a mini-reference guide designed to assist San Mateo County adults of all incomes to remain in their homes when they are ill, disabled, or in crisis. The guide includes listings for Aging & Adult Services of San Mateo County, adult day care centers, grocery and meal delivery services, dining centers, home care services, home health agencies, medical insurance assistance, loan closets, medical equipment, support groups, transportation, and more.

Help at Home is published by the San Mateo County Commission on Aging and the Peninsula Library System and contains no advertisements. Spanish and Chinese versions will be available and an online version can be accessed at <http://cip.plsinfo.org/hah.htm>. To obtain a free copy of the booklet, please call the Peninsula Library System Community Information Program at 650-595-7950, or call Susan Mrsny at the San Bruno Senior Center at 650-616-7155.

# Adults 50+ Activities

1555 Crystal Springs Road - 650-616-7150

## AARP Driver Safety Program

8:30am-12:30pm

January 12 & 14

AARP & San Bruno Senior Center sponsors a refresher-driving course for adults 50 and over. The cost is \$12 for AARP Members and \$14 for Non-AARP Members for two 4-hour sessions. Call the Senior Center to register.

## Fun & Fitness Exercise Class

Tuesday & Thursday - 9-10am

A light aerobic workout including stretches, choreographed to lively music. Get your body moving and join the fun!

Fee: \$3 for San Bruno Residents, \$3.50 for Non San Bruno Residents

## BOCCE BALL FOR PLAYERS 50+

SPRING LEAGUE STARTS MARCH 14, 2011

Mondays 3/14 9:00am-1:00pm

Tuesdays 3/15 11:30am-3:30pm

Friday 3/18 9:30am-1:00pm

Registration Deadline: March 4

League Fee: \$5 per person per league day for non-members, Free for 2011 members

Four person teams plus one alternate

Sign up at the San Bruno Senior Center or call Mary Tessier at 616-7152.

## High Gas Prices? No Place To Park?

Why not try the BUS and leave  
the driving to us!

Door to Door Service to  
the Senior Center for San Bruno Residents  
Phone 616-7150

## Zumba Classes

Join us for this new exercise sensation, which is an exciting and fun dance workout to a fusion of Latin and International music.

**Zumba:** A more active class for those wanting a challenging workout.

Instructor: Yenis Cotua

Wednesdays, 6:00-7:00pm

\$10 Resident, \$13 Non-resident

**Zumba Gold:** A slower version of the same class designed so that even beginners can enjoy a safe, yet dynamic workout.

Instructor: Kathy Schmidt

Mondays, 9:45-10:30am

\$4 Resident, \$5 Non-resident

## Softball League

Starting January 6, 2011, the softball team moves into the gym at the Recreation Center from 11:00am-1:00pm on Thursdays. Everyone is welcome to join us for indoor games such as whiffleball. Then, when the weather is good, approximately April, the team of enthusiastic players (50+) will practice and play softball on Thursday mornings (usually 10:30-12noon) at Diamond #2 in San Bruno City Park. New players, male and female are encouraged to join us for some fun and exercise.

League Fees: \$10 per person

For more information call Mary Tessier at 650-616-7152.

## 2011 Spring Horseshoe League

League Begins Wednesday, April 13

Registration Deadline March 25

League plays Wednesdays from 9:30-11:30am at Beckner Shelter in San Bruno City Park.

Two Person Teams

League Fee: \$5 for non-members

Free for members

For more information,  
call Mary Tessier at 650-616-7152.

## STEP OUT FOR



## SENIORS

FRIDAY, MAY 20, 2011

8:30 AM - 1 PM

**\$10 REGISTRATION FEE INCLUDES:**

8:30am - 4.8 Lake Merced Walk

9:00am - Fitness walk around San Bruno City Park

10:00am - Health Information

11:00am - Entertainment

12:00pm - Lunch

Fee includes walk, transportation to Sawyer Camp Trail, lunch, entertainment and t-shirt (for first 20 people to sign up for each walk). Co-sponsored by Artichoke Joe's Casino

PRE-REGISTER BY MAY 6<sup>TH</sup> AT THE  
SAN BRUNO SENIOR CENTER  
1555 CRYSTAL SPRINGS ROAD  
650-616-7150



# Lunch Program

1555 Crystal Springs Road - 650-616-7150

Pick up your monthly Senior Center Activities Bulletin at the Senior Center Reception Desk and check out our daily lunch menu! Our talented chef, Gloria Deeter prepares food onsite to provide you with delicious meals that you can enjoy with your friends on the deck overlooking Junipero Serra Park or in our beautiful dining room. If you're at least 60 years old (and registered), the requested donation for each meal is only \$3.00. Registration is easy. Just stop by and we'll show you how. If you're younger than 60, the cost for each meal is \$5.50. Co-sponsored by San Mateo County Area Agency on Aging.

## "Freddie's Cafe"

Monday - Friday  
8:00am-4:00pm

Now serving Espressos, Lattes,  
Mochas, Cappuccinos, Speciality Drinks,  
Chai Tea, Hot Chocolate, Tea, Hot Apple  
Cider, Italian Sodas, and Sandwiches!  
OPEN TO THE PUBLIC!

## Salad Bar

Monday - Friday  
11:00am - 12:15pm  
\$3.50 Donation

For people 60+ and registered for the Senior  
Center Lunch Program

## Fun Events at San Bruno Senior Center

### **Friday, January 14**

Senior Center Anniversary Party

### **Monday, February 14**

Valentine's Day Party

### **Wednesday, March 16**

St. Patrick's Party

### **Wednesday, April 20**

Easter Party

### **Friday, May 6**

Mother's Day Party

## Your Annual SBSC Voluntary Membership Application is waiting for you at the Senior Center Reception Desk.

Annual Membership fee is \$15 per year for San Bruno Residents, \$20 for non-residents. All membership donations are tax deductible and support the non-profit Information/Referral, Transportation, and Lunch Programs.

The benefits package includes:

One Lunch Ticket - \$3 value

One Free Happy Hour - \$5 value

One Free Biscotti or Pastry at Coffee Bar - \$1 value

Waive Senior Center League participation fees for

Bocce, Horseshoes and Softball - \$55 value

Free use of the Billiards Table - \$20 value

Plus the satisfaction of supporting the San Bruno Senior  
Center - priceless

## Sunday Dances

### 1<sup>st</sup> Sunday of the Month

Line Dance with Jeanette Feinberg & Tina Beare

1:00-4:00pm, \$5 seniors (50+) only.

Refreshments, lessons and dancing!

### 3<sup>rd</sup> Sunday Dances

Come and dance the afternoon away with the Bob Gutierrez Band. Refreshments served.

Your hosts: Raoul Epling & Akira Tsunoda

1:00-3:30pm, \$5 per person

### Last Sunday Dance

Last Sunday of each month. Refreshments served.

Live music with the Bob Gutierrez Band. Your hosts:

Raoul Epling & Akira Tsunoda

1:00-3:30pm, \$5 per person

The Non-Profit Senior Services Program  
Sponsors

## Thursday Night BINGO

Doors open at 5:00pm

Games begin at 6:45pm

Open to the Public

Maximum payouts

4 Early Birds; 17 regular games  
and much, much more!

# Registration Information & Instructions

Registration begins immediately.

## Five Easy Ways To Register:

### 1. Mail-In

Mail completed form, payment, and health form if appropriate, in a sealed envelope to:  
Veterans Memorial Recreation Center  
567 El Camino Real  
San Bruno, CA 94066  
Attn: Class Registration

### 2. Drop Off

Place completed form and payment in a sealed envelope in the "Registration Drop Box" at the Recreation Center, Monday-Thursday 8:30am-8:30pm, Friday 8:30am-4:30pm, and Saturday, 9:30am-12:30pm or in the mailbox outside the building anytime.

### 3. Fax-In (650) 583-2545

Fax registrations will be accepted when paying by VISA or MasterCard. Please write clearly. Fax registration will be compiled with that day's mail.

### 4. Internet Online Registration

To register from the comfort of your home, visit the Community Services Activity Guide website at [www.sanbruno.ca.gov](http://www.sanbruno.ca.gov). A convenience fee applies.

### 5. Walk-In

Monday-Thursday, 8:30am-8:30pm, Friday, 8:30-4:30pm and Saturday, 9:30am-12:30pm. Bring completed form to the Veterans Memorial Recreation Center in San Bruno City Park, 251 City Park Way.

## E-Mail Addresses

San Bruno Recreation Services Division will be asking for your e-mail address when you register for classes so we can contact you with updates, bulletins, and special event notices. We will not sell or share your address. You will always have the option to opt out of our address list.

## Photo Use

The City of San Bruno reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the City of San Bruno and may be used for publicity, promotional or website purposes only.

## Registration Information

1. There will be a \$26 fee for each returned check; payment must be made by money order or cash.
2. Resident fee applies to anyone living within the San Bruno City limits, all others must pay non-resident fee.
3. For classes located on school grounds, use of tobacco products is prohibited.
3. For hearing impaired persons, call California Relay Services at 1-800-735-0373 (Voice) or 1-800-735-0193 (TTY).
4. Make checks payable to "San Bruno Recreation".
5. A registration confirmation will be emailed to you so don't forget to include your email address.
6. DO NOT mail cash.
7. Visa/MasterCard payment is available. Accurately complete the designated box on the registration form.

## San Bruno Resident Status

Residents live or own property in the City of San Bruno. All others are non-residents. We may require proof of residency. Acceptable proof of residency could be a current tax, utility bill or driver's license.

## Program Participation Minimums

In order to provide a positive experience for residents, each class, program or activity has a minimum participation requirement. From time to time, a program may be cancelled due to minimum participation numbers not being met. All participants are urged to enroll early to avoid programs being cancelled.

## Refund Policy

Full refunds will be issued only upon the Department's cancellation of a class or activity. Please allow 3 weeks for refunds to be processed. If you choose to withdraw from a class at least 3 working days prior to the first class meeting, you will receive a refund for the amount of the class, less a \$6.00 service charge per activity. If you choose to withdraw from a class less than 3 working days prior to the first class meeting, you may not receive a refund for that class. All refund requests will be taken on a case-by-case basis.

## Swim Lesson Refund Policy

Anyone who wishes to cancel a swim lesson must contact the pool office at least 24 hours in advance. All cancellations will incur a \$6 fee.

## Right to Deny Service

In the interest of the safety and well being of all participants, the City of San Bruno reserves the right to deny service to any participant.

# Registration Form



Please fill out the form below and mail with your payment to:

MAILING ADDRESS:

Veterans Memorial Recreation Center  
567 El Camino Real  
San Bruno, CA 94066  
650-616-7180 (phone)  
650-583-2545 (fax)

PHYSICAL ADDRESS:

251 City Park Way  
San Bruno, CA 94066

Payer Name: \_\_\_\_\_  
(First Name) (Middle Initial) (Last Name)

Address: \_\_\_\_\_  
(City) (Zip)

Home Phone:( ) \_\_\_\_\_ Day Phone:( ) \_\_\_\_\_ Emergency:( ) \_\_\_\_\_

Email address: \_\_\_\_\_

Receive your receipt by email and be included in our regular email updates.

Participant's Full Name	Grade	Sex M/F	Birthdate (all participants)	Code Number 1 <sup>st</sup> Choice	Code Number 2 <sup>nd</sup> Choice	Activity Name	Program Fee

☐ Yes, I have added \$\_\_\_\_\_ to support the Youth Recreation Scholarship Program. Total Fees  

**Liability Release:** In consideration of my application for the above activity, I hereby waive, release, and discharge any and all claims for damage for death, personal injury or property damage, which I may have, or which may hereafter occur to me, as the result of participation in said event or activity. This release is intended to discharge in advance the City of San Bruno, its officers, employees, agents or volunteers from liability, even though that liability may arise out of negligence or carelessness on the part of persons or entities listed above. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing these risks, I hereby assume those risks. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns. In the interest of the safety and well being of all participants we reserve the right to deny service to any participant. By signing this release, I agree to the use of my name and/or photo for City publicity. The city is not responsible for lost or stolen items.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Parental Consent:** (To be completed if applicant is under 18 years of age): I give my consent for my son/daughter \_\_\_\_\_ to participate in the above activity and I execute the above liability release on his/her behalf. I have read and understood the foregoing registration form, liability release form, and parental consent form, and agree to all their terms and conditions.

It's Easy! You can even use your credit card!

☐ Visa ☐ M/C

Signature \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_

*I authorize the above charges.*

Cardholder's Name (Printed) \_\_\_\_\_



# Community Organizations & Sports Groups

## Sports Contacts

Note: Playing seasons and some sign-up dates are listed. For further information, call the contact.

### Baseball

**T-Ball League** (5-6 yrs) - Ray Scarabosio.....689-5543  
League: April-May, Sign-ups in January

**Junior Giants** (7-12 yrs) - Lorry Greenberg.....873-0856  
League: July-August, Sign-ups 1<sup>st</sup> & 2<sup>nd</sup> Sat in May

**Peewee League** (8-10 yrs) - Ray Scarabosio.....689-5543  
League March-June, Sign-ups 2<sup>nd</sup> & 3<sup>rd</sup> Sat. in January

**Fall Baseball** (10-14 yrs) - Jim Thiel.....589-4432  
League: August-November, Sign-ups June 9 & 16

**Bronco Division** (11-12 yrs) - John Seevers.....871-8493  
League: Mid February-June, Sign-ups end of January

**Pony Division** (13-14 yrs) - Jim Thiel.....589-4432  
League: Mid February-June, Sign-ups end of January

**Colt League** (15-16 yrs) - Dave Stagnaro.....583-3497  
League: Mid May-Mid July, sign-ups last two Sat. in Feb.

**DiMaggio Team** (16-18 yrs) - (Summer)  
Tom Lara.....589-4430  
Bob Nolan.....952-6833  
League: End of May-Mid August, sign-ups in February

**DiMaggio Team** (16-18 yrs) (Winter)  
Tom Lara.....589-4430  
or Lee Graf.....873-6416  
League: September-November, sign-ups in August

**American Legion** (16-18 yrs) (Summer & Fall)  
Lynn Berliner....873-0918  
League: End of May- Mid August & September-Mid November, sign-ups end of February

### Softball

**Girls Minor League** (6-13 yrs) - Bill Bishop.....872-3291  
League: Mid February-Mid May, sign-ups Mid October

**Girls Major League** (13-18 yrs) - Bill Bishop.....872-3291  
League: End of May - Mid July, sign-ups late March

**Men's & Coed League** - Danielle Brewer.....616-7182  
League: Spring, Summer, Fall - April through October

**50+ Daytime League** - Mary Tessier.....616-7152

### Football

**West Bay Rams** (5-15 years)  
Football & Cheerleaders - Kosini Lavulo.....270-1523

**Men's Flag Football League** - Danielle Brewer.616-7182

### Soccer

**A.Y.S.O.** (4-18 years) -  
Trish Estalita or Manny Cotla.....873-2976  
League: Year-Round

**Lowen Soccer Club** - Charlie Rigggenberg.....636-3243

### Bocce Ball

50+ Spring, Summer & Fall - Mary Tessier.....616-7152

### Cheerleading

Ultimate All Stars Competitive Cheer & Dance  
Dee Williams.....504-8015

## Community Clubs & Organizations

### BOY SCOUTS OF AMERICA

Contact Council Headquarters at 341-5633

### FRIENDS OF THE SAN BRUNO PUBLIC LIBRARY

Contact Karen Mayers, President, 952-2035

### GIRL SCOUTS OF AMERICA

www.girlscoutsnorcal.org  
Contact 1-800-447-4475

### BLOOD CENTERS OF THE PACIFIC

Contact 369-8211

### SAN BRUNO 4H CLUB

Farm Phone Number 588-9549  
Contact Pat Bohm at 873-2850 or  
Jane Stahl at 583-7249

### SAN BRUNO AARP

Contact Bill Goff at 583-4499

### SAN BRUNO AMERICAN LEGION

Contact Bill Michelini at 589-3102

### SAN BRUNO CHAMBER OF COMMERCE

Contact Laura Baughman at 588-0180  
www.sanbrunochamber.com  
office@sanbrunochamber.com

### SAN BRUNO COMMUNITY GARDENS

Contact Helen Kiefer at 871-1958  
Garden is located at the south end of First Avenue  
near Lions Field.

### SAN BRUNO LIONS CLUB

Contact Harry Costa at 871-9425  
Posy Parade - 1<sup>st</sup> Sunday in June!

### SAN BRUNO MOTHERS CLUB

Contact 286-7591  
website: www.sanbrunomothersclub.com

### SAN BRUNO POLICE RESERVES

Contact Sergeant Dermot Downes at 616-7100  
ddowns@ci.sanbruno.ca.us

### SAN BRUNO ROTARY

Contact Amy Fink, President, at 624-8252  
www.rotary5150.org

### VFW Post 2517

Contact Commander Jim Johnson at 697-1889



With every successful transaction generated from this ad, Stephan and Lucy will donate \$750 to the San Bruno Park and Rec Youth Enhancement Scholarship Program for children seeking financial assistance for recreation programs and activities.

Just some of our 2010 sales...



Stephan Marshall, GRI, ePRO  
mobile 650.455.1528  
fax 650.873.2510  
stephan@stephanmarshall.com  
www.stephanmarshall.com  
DRE# 01487186



Lucy Jaimerena-Zamattia  
650.291.9525 mobile  
lucy@marshallrealty.com  
www.marshallrealty.com  
DRE# 01855806

City of San Bruno  
Community Services Department  
567 El Camino Real  
San Bruno, CA 94066

PRSR STD  
U.S. Postage  
Paid  
Permit #84  
San Bruno, CA  
E.C.R.W.S.S.

Residential Customer  
San Bruno, CA 94066

# 32<sup>nd</sup> Annual Easter Egg Hunt & Pancake Breakfast

**San Bruno City Park**



Chamber of Commerce  
Pancake Breakfast

9:00-11:00am

All You Can Eat!

Adults - \$5

Over 65 & Under 12 - \$3

6 & Under Free with one paid adult

San Bruno Project PRIDE  
Activities

10:00am

Easter Egg Hunt

11:00am

Ages 1-8 years old

